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Forest management plan aims to help AH preserve trails

by **STEPHEN PETRICK**
Special to the Times

The hiking trails, ski trails, portage routes and campsites that dot the Township of Algonquin Highlands are the pride of the community – and now there's a plan in place to help guard and preserve these natural assets.

The completion of a new forest management plan received praise at the Nov. 4 Algonquin Highlands council meeting, held virtually.

Chris Card, parks, recreation and trails manager, spoke about the plan, which was described as a 10-year forest management plan for the Bancroft, Minden Forest. The plan will better help forest users to understand it's a shared asset and ensures that logging businesses do not interfere with important hiking trails, ski trails and other assets that are important to the municipality.

A local citizens committee was formed to assist the Ministry of Natural Resources and the Bancroft-Minden Forest Company in the development of the plan. Card was invited to review and comment on stage four of the see PLAN page 3



Caring about the climate crisis

At a Global Day of Action for Climate Justice held on Nov. 5, members with Concerned Citizens of Haliburton County and Environment Haliburton met with Korey McKay, the county's climate change co-ordinator, Warden Liz Daniels, Dysart et al councillor John Smith and county CAO Mike Rutter for what organizers called "constructive and positive dialogue." See more on Page 12. /SUE TIFFIN Staff

Vaccine boosters available six months after second dose

by **SUE TIFFIN**
Editor

The following are brief reports from a Haliburton, Kawartha, Pine Ridge district health unit press conference held Nov. 3 with medical officer of health Dr. Natalie Bocking.

Booster shots of COVID-19 vaccine are now available for some of the population if it has been six months since their last dose.

People who are 70 or older, or born in the year 1951 or earlier; First Nations, Inuit, Métis people and household members, including those living on or off reserve; healthcare workers including essential care-

givers in congregate care settings and those who received a full series of Astra-Zeneca or Johnson and Johnson shots were able to access a booster shot as of last weekend. The latter group is included, said Bocking, because there are some studies showing a full series of the viral vector vaccine does not seem to be offering the same protection

see BOOSTER page 8

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Preparing for winter

Minden's floating snowmobile bridge was put in place for the season across the Gull River on Nov. 5. The downtown bridge allows for snowmobile crossings on the TOP B112 trail. "We're so grateful for the support of Minden Hills township," said John Enright, Haliburton County Snowmobile Association president, noting the township and association were working as a team to get the bridge installed. "Partnerships matter. The township recognizes winter tourism and what we bring to the county." /SUE TIFFIN Staff



Bridging the gap

The HCSA also thanked Minden Home Hardware for donating some supplies needed to repair and set up Minden's floating snowmobile bridge across the Gull River at TOP B112 trail on Nov. 5.



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Truck fire extinguished in Minden

A fully engulfed pickup truck was the focus of the Minden Hills fire department on Nov. 3. At 5:30 p.m. that evening, the single vehicle fire on Davis Lake Road and Swinson Road was called in to emergency services. Eight firefighters with the Minden Hills fire department responded with the pumper/engine, two command pickup trucks and a water tanker. "The owner of the vehicle was driving at the time the fire occurred," said Nelson Johnson, fire chief. "He pulled over and tried to extinguish the fire and then called the fire department as soon as he noticed that the fire was not going out. The owner of the truck was outside and away from the vehicle when we arrived [and] informed the fire department that there was a propane cylinder in the box of the vehicle." Firefighters used two handlines to control and extinguish the truck fire and keep the grass and trees from catching fire. "During the fire there were some tires that exploded from the heat and a few containers that were in the vehicle and box," Johnson told the Times. The fire was contained, extinguished and confirmed out at 7:00 p.m., with fire crews leaving the scene at 7:30 p.m. "The volunteers worked hard and controlled the fire right from the beginning, they coordinated as a team and were able to control and extinguish the fire with no injuries," said Johnson. "The volunteers controlled and extinguished the fire and crews shuttled water from a nearby pond and supplied the engine from a portable drafting tank that they set up." The cause of the fire remains under investigation.



Minden Hills fire department responded to a single vehicle fire at Davis Lake Road and Swinson Road on Nov.3. /Photo submitted by Jacqueline Thompson

- Everyone should get out of the car and not return to the burning car for anything.
- Every person should stay at least 30 meters from the burning car and well away from traffic.
- 911 should be called ASAP.
- If you have a fire extinguisher and know how to use it, try and extinguish the fire, only if safe to do so.

If you would like more information please contact your local fire department.

- Staff

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Haliburton County must reduce emissions, report warns

by **STEPHEN PETRICK**
Special to the Times

Warmer summers, milder winters, longer heat waves and increased risk for vulnerable populations, such as seniors, the poor and people without good housing.

That's what Haliburton County officials expect for the area over a span of decades as climate change continues to impact the planet.

Those warnings were laid out in a report that was released recently, as part of the county's Community Climate Action Plan. The report, titled Community Greenhouse Gas Inventory and Local Climate Projections, was released to Haliburton County council and its partnering municipalities last month. It calls on the community to develop a plan to reduce greenhouse gas emissions and "build climate resilience."

It included a wealth of statistics about the carbon footprint Haliburton County leaves.

It said that in 2019, the community emitted 299,522 tonnes of carbon dioxide equivalent. (For context, 1 tonne of carbon dioxide is equal to 4,000 kilometres driven by a passenger vehicle.)

County residents also spent more than \$161 million on energy. That equates to \$4,085 per person annually.

One goal of the committee overseeing the plan is to help residents become less dependent on non-environmentally friendly energy consumption, for the sake of both the environment and their own finances.

"Ensuring that energy is affordable should be a central focus of the community climate action plan," the report says.

"Addressing emissions from home heating should first involve reducing heating demand through building envelope improvements, followed by decarbonizing sources of heating. Technologies are available for efficiently and affordably heating and cooling homes and businesses with a low carbon footprint (such as biomass district energy and heat pumps). Introducing natural gas infrastructure in the community would lock-in (greenhouse gas emissions) for decades to come."

Keeping emissions low in Haliburton County is also difficult because it's a rural community, with lots of roads for driving, the report notes.

"Transportation emissions account for 70 per cent of community (greenhouse gas) emissions. As a geographically large and rural community (4.4 people per square kilometer), private vehicles are the dominant mode of transportation in the county. In total, it is estimated that \$92,622,860 was spent on fuel for on-road transportation in 2019," the report states.

The report also gives detailed statistics on how climate change is projected to impact the area in the coming years. The data is based on projections by Environment and Climate Change Canada, the Prairie Climate Centre and the Institute for Catastrophic Loss Reduction.

It states that "generally, the weather in Haliburton County is expected to get warmer, wetter and wilder."

"As the global average temperature increases, the County of Haliburton will see higher average temperatures and more extreme heat waves. The average annual temperature could increase by over 4C toward the end of the century," the report states.

It also says, the county will likely see "more variable weather conditions and extreme weather events due to increased energy in the atmosphere from increased temperatures. This results in an increase in storms, including ice storms, snow storms and thunderstorms."

On the topic of water, the report says "water levels in our lakes and rivers will experience increased variability and extremes. Warmer weather increases evaporation and reduced ice cover extends the amount of time in the year that evaporation occurs. More extreme precipitation events and rapid snowmelt will increase water levels and lead to more frequent flooding. Droughts may occur with longer dry spells in between extreme rain events."

The report was presented by Korey McKay, Haliburton County's climate change co-ordinator.

While presenting the report to the Algonquin Highlands council on Nov. 4 she said an important next step is for the county to develop an advisory group that could include local municipal leaders, public health experts, business leaders and educators. That group would then make recommendations on how the county can reduce emissions.

The work of McKay and the Community Climate Action Plan got a glaring endorsement from Councillor Jennifer Dailloux, who praised the report for giving council "a strong sense of areas of the county that we can really dive into and areas where we don't have to worry so much."

She said she hopes the report will allow some thinking on how this new information can be used to think about how climate change reduction strategies can "marry up" with economic development, to create positive projects for the area.

Plan will support 'long-term sustainability' of trail assets

from page 1

public consultation process for the plan.

"I find this to be a big step towards the long-term sustainability of our trail assets," said Card.

He explained that municipal officials began to lobby for such a plan in 2014 when they saw a need to put some "parameters" on forestry operations being done near trail systems.

Now, "we've been able to develop what I would refer to as area of concern prescriptions," said Card. "In essence they are to put buffer zones along with timing restrictions around all our trail assets."

The plan also allows for the municipality to learn about work schedules of local forest operators. Card would then be

able to review those schedules and see if the work has an impact on the municipality's operations.

As an example of the plan's benefit, he said the current plan shows there will be some forestry operations taking place around Hawk Lake. Knowing this, Card has been able to connect business people with a property owners association for the area, so the two groups can discuss the work right away.

Algonquin Highlands councillors voted to accept Card's report; essentially an endorsement of the plan.

"I was thrilled to read this," said Mayor Carol Moffatt. "It was a long time in the making."

She shared a story about how, several years ago, she, Card and another municipal official met with a logging company representative in Minden because they were surprised to learn

that trees were being cut around a municipal trail system and campers were cancelling reservations. The story spoke to the need for such a plan.

Councillor Jennifer Dailloux praised the plan, saying "it's a good news day for Algonquin Highlands council." She said this plan, coupled with moves being made by the Community Climate Action Plan shows that "we're hitting important points in our strategic vision as a council."

Algonquin Highlands prides itself on providing hiking trails to residents and tourists. The township's website says "there are over 38 kilometres of back-country hiking and walking trails in the area. They journey through mystical forests, meander along scenic rivers, ascend to amazing lookouts and arrive at one-of-a-kind heritage sites."



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(VIRTUAL) COUNCIL MEETINGS

Council and Closed Session meetings are currently being conducted virtually via web conference meetings, until further notice. Meetings begin at 9:00 AM unless otherwise noted. The schedule of upcoming meetings are:

November 11 – Regular Council Meeting 1:00 PM
November 25 – Regular Council Meeting

Members of the Public are invited to observe Council proceedings by joining a live-stream link available on the township website at [www.mindenhills.ca/council/](#) or by using the direct link provided in the notice. Meeting agendas are not displayed during the meeting, please download by visiting our website at [www.mindenhills.ca/council/](#). Please note the live-stream link provided for each meeting will only be activated while Council is in session.

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NOTICE OF VIRTUAL REGULAR COUNCIL MEETING – NOVEMBER 11, 2021 1:00 PM

TAKE NOTICE that the **Thursday, November 11, 2021** Regular Meeting of Council will be held virtually, via web conference, at **1:00 PM** in the Council Office, located at 7 Milne Street, Minden ON.

A MESSAGE FROM THE FIRE DEPARTMENT

In case of a pan fire, control the fire by:

- Turn the heat off.
- Cover the pan with a lid or a bigger upturned pan; Never move the pan.
- Never throw water on the pan—it will splatter the oil and spread the fire, possibly burning you.
- Spray the pan with a fire extinguisher. If you're an Employer, consider Fire Extinguisher Training for your Employees.
- If you don't have a fire extinguisher handy, douse the burning oil with baking soda.
- Never throw sugar or flour on a grease fire. Flour might look like baking soda, but it's not, so it won't react similarly! One cup of either of these baking products contains the explosive potential of two sticks of dynamite. Pay special attention this fire safety tip, it can result in third degree burns and even death in some cases.

CALL FOR COMMITTEE MEMBERS COMMUNITY CENTRE FUNDRAISING COMMITTEE

The Township of Minden Hills is looking for volunteers to participate as members on the Community Centre Fundraising Committee. If you, or someone you know:

- enjoy being involved in an interactive volunteer committee, and/or
- want to be part of a historic, community passed project for Minden Hills, and/or
- have fundraising experience, and/or
- administrative skills

Please complete and submit an Advisory Committee Application Form in person, by mail or email to:

Community Centre Fundraising Committee Application
Clerk's Department, Township of Minden Hills
7 Milne Street, PO Box 359
Minden, ON K0M 2K0
or email: sprentice@mindenhills.ca

This is an open call for applications until membership is filled. For more information, please contact Vicki Bull, Deputy Clerk at 705-286-1260 x 515 or vbull@mindenhills.ca; or Shannon Prentice, Deputy Clerk at 705-286-1260 x 513 or sprentice@mindenhills.ca. Application Forms are available online at <https://mindenhills.ca/advisory-committees-2/>.

WINTER PARKING

Commencing November 1 of each year, parking is not permitted on municipal streets or in municipal parking lots between midnight (12:00am) and 8:00am. This restriction is to accommodate snow clearing operations. Vehicles impeding snow clearing operations during these hours will be towed at the owner's expense.

In Case of Emergency Dial 911 After-Hours Municipal Emergency Dial 1-866-856-3247

Arena fundraising committee asks for help reaching goal

by **SUE TIFFIN**
Editor

The following are brief reports from the Minden Hills council meeting held virtually on Thursday, Oct. 28.

The Take a Seat fundraising campaign that kicked off in May has raised approximately \$40,000 of its projected goal of \$300,000 to date, and the community centre fundraising advisory committee is looking to do more to raise more.

Through committee chair Councillor Jennifer Hughey, three recommendations were brought to council to help the committee increase membership, promote fundraising initiatives in the arena and advertise to website users as well.

With the departure of one committee member, just two public members remain on the committee alongside Hughey, and council agreed to make a call for new committee members.

The recommendation to use already-raised funds to buy planned signage for within the facility during events to promote fundraising initiatives was also approved without hesitation from council.

A greater presence to promote the campaign on the township website, however, was met with some hesitation and conversation. Hughey proposed a microsite, or popup, be added to the existing website so that people can more easily find information about the fundraising campaign.

"I know we are going through the process of a redesign, but on a regular basis when I explain the initiative to various people, they mention, how would we have known that? We don't see it in the newspaper, we don't see it on the website," Hughey told council. "Basically at this point it's somewhat word-of-mouth and partially on social [media]."

The township's updated website is expected to be ready to launch in January. It's expected to be more user-friendly for public users and also staff updating information.

"After spending 30 years or so as a CIO, I know how IT projects work, we're talking about something going up in January, the whole idea of fundraising and the opening of the arena is happening now," said Councillor Bob Carter, who noted he was in favour of the new site but didn't think the committee should be delayed. "We're going to lose all of our momentum. If we can do something quickly and simply to put something up, I think we should go ahead."

Councillor Pam Sayne had reservations, noting it was a busy time for staff and that she was "getting questions outside of the arena issues that people want attention to."

"My concern is that right now we're in the middle of preparing this new site, staff are under a lot of pressure to get this new site going, I don't know if it's the best of our resources right now in terms of staffing that would be required to do all of this all at once," she said.

Sayne stressed that it takes much time for information to be made public online, and the amount of staff time that requires is "tremendous."

"That's where I'm really having difficulty, all the other things we're supposed to be doing, all the calls we're getting about roads and things, and now we're just putting more of our staff time into the arena again," she said. "I really would like to see us get back to the main business and get some things caught up before we do that."

Councillor Jean Neville supported the recommendations and suggested that Hughey help staff with the content.

"We have to get our fundraising going, I mean, it keeps falling flat," she said.

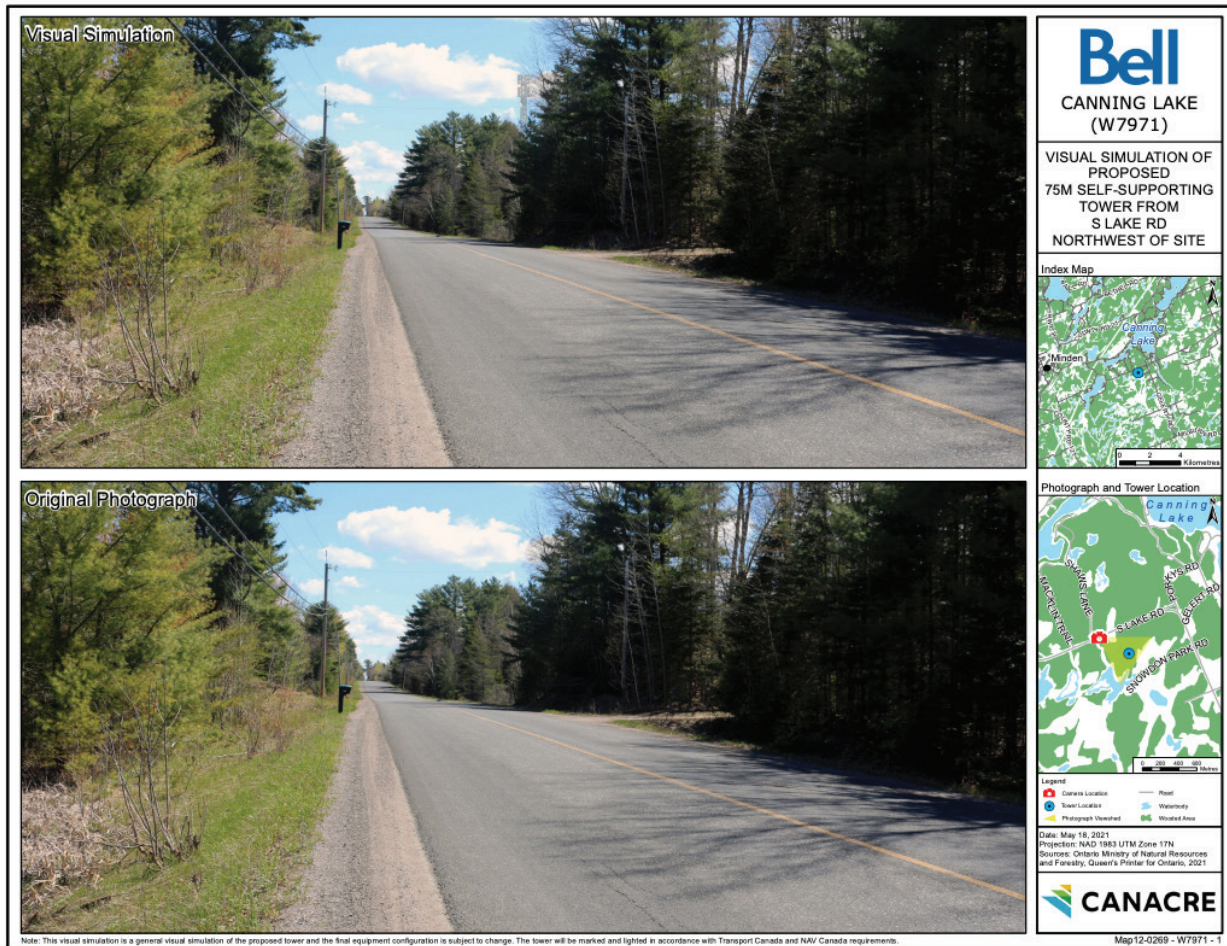
Deputy Mayor Lisa Schell was also concerned about losing fundraising momentum and wanted to see the website recommendation moved forward.

"The people in the community are upset about what the arena is costing, so if we have the opportunity to give some of that back through the seat sales, etc., then I would like to see it happen sooner rather than later," she said. "I know that I purchased a couple of the seats myself, one of them in memory of my father who passed away in July and I'd kind of like to see that seat up in this season if possible."

Hughey said she appreciated the support offered, and said the committee was trying to work toward 50 per cent of the Take a Seat program being fulfilled prior to moving on with other fundraising initiatives.

"But because we've had zero calls in the past, almost three months, we need to go," she said.

"I will reiterate some of the feelings that some of the council members had with regards to this facility," she said. "It's very important to continue in the line of already existing media saying that we're going to raise a certain amount of funds to pay some of the mandated items that we've listed. As a committee we've basically stressed our goal to be only \$300,000, and we feel it is very important to raise those funds



A visual simulation shows what a 75-metre self-supporting communication tower could look like on South Lake Road in Minden. /From civicweb documents

for the facility. By no means am I trying to cause any fuss, I'm really just trying to act as chair of this committee."

The initial fundraising goal for the original fundraising committee was \$750,000, however that was prior to the pandemic. That initial fundraising committee was disbanded following public criticism that it contained too many members of township staff, and a new fundraising committee was struck through a motion of council last year in August. That committee has been meeting virtually amid the continuing pandemic. Final costs for the arena were \$13.3 million. Devolin previously said he believed as much as \$1 million could be raised.

Council approved the three recommendations, noting the microsite would not require much effort from staff if the committee could share the information necessary to be uploaded.

Communications tower planned for South Lake Road

Bell Mobility submitted a request for concurrence for a 75-metre self supported telecommunications tower located at 2354 South Lake Road in Minden, which council supported.

"This project will meet the telecommunications needs for high quality wireless voice and high-speed wireless internet services around the Canning Lake community and surrounding areas," reads a letter from Canacre Ltd., which is representing Bell Mobility Inc. in consulting for the tower, to Darryl Tighe, senior planner for D.M. Wills on behalf of the township. Another letter from Canacre to Tighe notes, "the tower will benefit the residents and businesses in the community by providing them with vastly improved access to robust and reliable mobile wireless telecommunication services, as well as wireless high-speed home internet services."

"In the next few years so that we all get more connected we're going to see a lot more of these," said Devolin.

A requisite consultation process in which residents living within a radius of 225 metres of the proposed tower were contacted and newspaper notices were placed was conducted earlier this year, with 19 responses prior to the Aug. 21 deadline. Tighe said 15 responses were positive and four were neutral, asking questions that were satisfied with responses.

Neville asked if there had been requests for the tower to appear to be more tree-like, to suit the natural aesthetics of the area, but Tighe said he did not recall that such requests were made.

"Just checking because I don't want people to come forward after it's been erected to say they don't want to see the tower," said Neville.

"I'm ecstatic to see that it's generally a positive reception that people want more connectivity," said Devolin.

Fire department calls up

From Sept. 2020 to Sept. 2021, the Minden Hills fire department saw a 185 per cent increase in calls, from 14 in September last year to 40 in September this year.

In the year-to-date response comparison, last year there were 213 calls, and this year there have been 286 for a 34 per cent increase.

"So, we've been busy," said Nelson Johnson, fire chief.

He said 66 per cent of the calls are fire-related and 34 per cent are medical. Up to Sept. 30, 42 fire inspections were conducted and from April 1 to Oct. 31, 149 fire permits were issued.

New lot planned for Hwy 35

Unnamed proponents are requesting to create a new 2.8 hectare lot on Hwy 35 north of the Beer Store, with the severed portion being intended for a commercial plaza though that development has not yet been proposed. The property, currently vacant, has frontage on both Hwy 35 and Newcastle Street, as well as St. Germaine Street. An official plan amendment as well as a zoning bylaw amendment will be required together with some supporting studies.

Emma Drake, township planning consultant said that since the submission of the application there had been a pre-consultation with the proponents and their planner as well as county staff to discuss the proposed development and the requirements to gain necessary planning approvals.

"Exciting stuff happening on Highway 35 development," said Devolin.

Sayne said she was aware the area is used by wildlife and asked about what the protocol is to protect that wildlife as land is commercialized.

"The final list of required studies is still being compiled to provide to the proponents – but environmental impact is expected to be one of those required studies," said Drake. "They would need to demonstrate that there would be no impact and if there are any species that do need to be considered, there would need to be mitigation for that. Sometimes it's as easy as controlling when the construction period happens so they're not interfering with nesting or breeding periods or migration periods but that would be something that would have to be demonstrated through the environmental impact."

According to the consent pre-consultation report, wetland mapping by Ducks Unlimited has identified a wetland on the lands, so a site assessment is required to accurately delineate the wetland boundaries as well and an environmental impact study might be required.

Minden Hills reverses parade decision

by SUE TIFFIN
Editor

Santa Claus is coming back to town.

Beginning at 11 a.m. on Nov. 20, the Minden Hills Santa Claus Parade will take place as it usually has, moving through the streets of Minden.

Initially, the parade was announced as a drive-thru event, in which floats would be stationary at the fairgrounds and spectators would remain in their cars while driving from float to float. Similar drive-thru events happened throughout Ontario last year, including in Haliburton at a community Christmas party hosted by the Rotary Club of Haliburton and Curry Chevrolet Buick GMC Ltd., and in Coboconk where 500 vehicles drove down "Christmas Lane" on Albert Street.

Then, when there was pushback from the community noting that some residents might not have access to vehicles, a time for those to walk through Minden's parade prior to vehicles driving through was added to the schedule. Now, a change again - the traditional parade is taking place.

"It's literally been an evolving process for the last couple of months," said Elisha Weiss, community development co-ordinator.

Event organizers began planning for Minden's parade this year in June, organizing a drive-thru parade hoping pandemic gathering restrictions would be lifted, rather than scrambling to reorganize a traditional parade into a drive-thru event in one spot if crowds could continue to not gather. A drive-thru parade was planned based on what other towns had done last year, and it had been approved



Minden's Santa Claus parade, originally announced to be a drive-thru option, will now take place as usual with a route leading from the curling club to the municipal parking lot through main street. /FILE photo

and announced just a week or two before the provincial government lifted capacity limits for organized outdoor events.

"Now a regular parade is happening," said Weiss. "It was a little crazy. Luckily, going from a drive-thru to a regular parade is way easier."

Interest in participating also increased, with more floats entering the parade once news spread it would be in its usual form, said Weiss.

"It's a hard concept to get your head wrapped around," she said. "What are we doing? We're standing, and people are

driving?"

Weiss said people being together, while socially distanced, offers more of a "community feeling than being in your own car, driving by the floats."

Those participating in the parade will be asked to stay to their floats rather than mingle with other participants, not throw candy, and wear masks if they're not part of a social bubble, and the parade ad from the township asks that those participating "please maintain distance from others during the parade."

As in previous years, the parade starts at the curling club and fairgrounds park-

ing lot, travels up 55 Parkside Street, turns left onto Bobcaygeon Road, carries on over the bridge and through main street and then turns left onto Newcastle Street and left onto St. Germaine Street to end in the municipal parking lot.

Santa Claus will be accepting letters and greeting kids outdoors after the parade at the Christmas in the Village event being held at the Minden Hills Cultural Centre. That event too will no longer have a limit on visitors.

Planning for a parade during the pandemic has been frustrating, but Weiss is pleased that the event can happen this year after it was cancelled in 2020.

"You just know that, planning anything in COVID times, it's bound to change within a week anyway, so you just really have to be flexible and try and adapt if you can, as much as you can," said Weiss. "I'm just happy the restrictions lifted and we were able to finally do this."

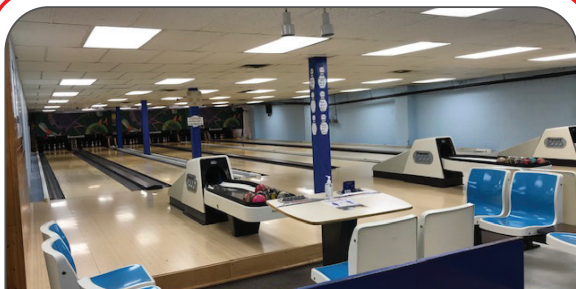
She said she's sure Santa Claus is excited to return, too.

Haliburton is also hosting a parade this year, on Nov. 26.

Minden's event is one Weiss said she hopes will bring Christmas spirit.

"This always kind of marks the kick-off to the holiday season," she said. "Last year was kind of grim, so hopefully this year can bring some joy to people and be a better holiday season for everybody."

Those interested in entering a float into Minden's parade can contact Elisha at eweiss@mindenhills.ca or visit www.mindenhills.ca/events/.



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Returning to a brighter future

IF THE PANDEMIC has taught me anything, it's to be thankful for what we have because we know from living during this time that what we know can be taken away with little notice.

This appreciation was on full display at the pitch behind Archie Stouffer Elementary School during last week's Grade 7/8 ASES and JDHES soccer tournament held at the elementary school in Minden. This was the first athletic action for many of these youth in close to two years. If what spectators saw is what we can expect from the next generation then I'm optimistic for our collective future.

During my 17-year career, I've seen plenty of sports at various levels from elementary school to world class competitions such as the Pan Am Games. It's not always positive and not always supportive and there have been negative incidents with adults, as coaches, players and spectators.

Adolescents are not typically very verbose when it comes to sharing their feelings. However, seeing the smiles, hearing the quiet engaging interactions between players from both schools, and the positive shouts of support from the kids on the sidelines for their teammates, it was evident they were enjoying the experience. It's worth noting the adults who attended (abiding by COVID-19 protocols) were also positive in their speech and body language conveyed to the dozens of players.

The co-ed tournament might have been won by a JDHES team, but it was difficult to know who was winning and who was losing any of the tournament games because the attention was engaged with the playing rather than the results. The local tournament only included players from ASES and JDHES and this enabled more than one team from each school to be entered, giving more than just the best players of the school a chance to participate. For many, this was the first organized competition

outside of minor hockey and it was welcomed by players and their family.

Sport has its share of negative examples of toxic culture and despicable abuses of power, but at its best can instill life lessons about teamwork, character, leadership

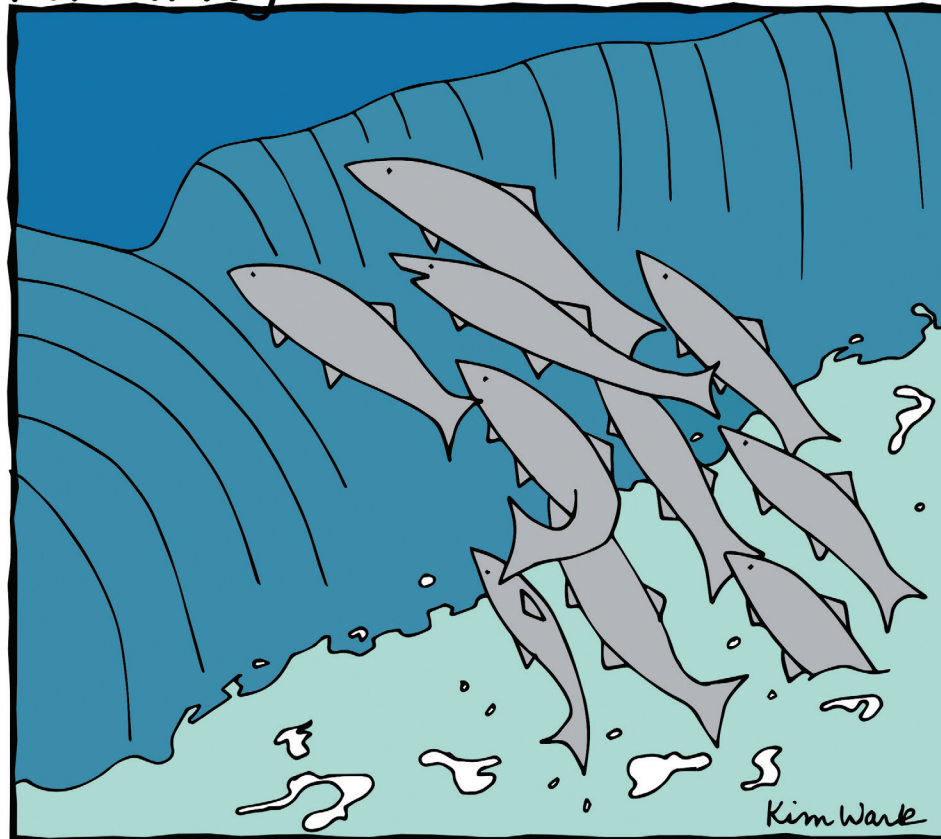
**DARREN LUM**
Reporter

and foster a love for fitness. It can also provide a stage for the quiet hero to shine and have their skills speak for them, projecting their passion, or it can simply offer a child an opportunity to have a memorable positive school experience.

This tournament not only served that function for the students, but served to be the light at the end of the proverbial dark tunnel for elementary school athletics.

Here's to the hope that the COVID-19 case numbers continue to fall and that we let the young people be the best they can be by giving them the chance to keep playing.

Kwarky



Kim Wark

"I should've checked a traffic app."

Boot camp

THE OTHER day I was in a big box outdoors store when I happened to be going through the high-topped rubber boot aisle, as a man is wont to do. After a few steps, I noticed a couple of fellows looking at the price of a quality pair of rubber boots and shaking their heads.

"Who on earth would pay \$350 for a pair of rubber boots?" one asked.

It was obvious that they had little understanding of the value of a good pair of high-topped rubber boots, or they would not have even asked.

It seems to me that the average uninformed person simply believes that the high-topped rubber boot's sole purpose is to keep a person's feet warm and dry. That's because they live in some sort of utopian world.

Little kids and seasoned outdoorsmen know better, however. For we fully appreciate that the primary purpose of a high-topped rubber boot is to tell you how deep the water you just stepped in is. Nothing more. Nothing less.

We also know the boots in question are not instruments of precise measurement. Rather, they are meant to provide the child or outdoorsman with quick, meaningful information: essentially, is the water lower or higher than the top of my boot.

This critical information is key to the decision-making process when attempting to cross anything from puddles to oceans.

If the water is lower than the top of the boot, we know we can take another step. If it is higher, we then realize that we should have not taken the step we just took. For the outdoorsman or child, this is valuable information. And it is probably why you rarely see a person in high-topped rubber boots swimming.

I'm not suggesting that high-topped rubber boots don't serve other valuable purposes too. No sir. You get so much more for your money.

For instance, if a certain hunter insists on continuing to wear socks that exceed a hunt camp's liberal sanitary standards, rubber boots can remedy this unfortunate situation. This is because other savvy members of the camp will, once their eyes stop watering, secretly pour a liberal amount of laundry detergent in each rubber boot and then send the hunter in question to a stand that requires him or her to cross a creek or two whose water levels are definitely higher than the boot is tall. By the end of the day, those socks will be the cleanest thing in camp.

(FYI: This can also be done with underwear, providing you can get the person to wear chest waders.)

Rubber boots are also designed to give good indication of how much suction the mud on any trail has. And this is helpful to everyone who lags behind the person wearing the rubber boots. Basically, if that person walks into the muddy stretch with rubber boots on and walks out of it in stocking feet, you should probably walk on the high and dry ground around the mud.

A lot of people don't know this, but they can even be used to measure speed, reflexes and fitness. Fitness can be gauged by placing a rubber rattlesnake in one and then watching how close the person putting them on gets to or past the rafters after noticing it. And you can get a sense of how good a person's speed and reflexes are if you make a rattling sound the next time they try.

That's important to know, especially after they find out it was you who placed that rubber snake in their boots.

**STEVE GALEA**
Beyond 35

IN OTHER WORDS

Columns and Letters to the Editor

Have you arranged snow clearing yet?

IF YOU managed to find regular snowploughing for the coming winter, it likely wasn't easy and you likely are paying more for it.

Snowplough operators big and small have been hit hard in recent years with skyrocketing liability insurance premiums. The increases have forced some to quit the business.

Some operators report that annual insurance premiums of \$5,000 have soared as high as \$30,000 to \$50,000 a year. One North Bay operator reported his premiums increased 200 per cent, while an Orillia contractor said his went up 250 per cent.

The insurance industry says premiums are rising because of increasing injury lawsuits filed by people claiming to have slipped and fallen on uncleared snow and ice. Payouts for slip and fall claims can run into the hundreds of thousands of dollars.



JIM POLING SR.
From Shaman's Rock

The Insurance Bureau of Canada says that commercial liability coverage claims, which include snow and ice slipping incidents, increased 108 per cent in Canada between 2013 and 2020, going from \$2.4 billion to \$5.1 billion.

Some insurers now refuse to provide coverage to snow removal contractors, at any price.

Part of the problem has been the lengthy time limit for making liability claims against winter maintenance contractors. Anyone saying they suffered injury or property damage resulting from inadequate ploughing or sanding of private property has had two years to file a claim against the contractor's insurer.

Property owners and winter maintenance operators have complained that they often face slip and fall lawsuits without ever having been informed that someone slipped and fell on the property.

One cited example is the notice of lawsuit filed against a business owner 23 months after the alleged incident. It was difficult to defend the suit because too much time had passed to look for witnesses, or ask staff to remember what had happened.

Municipalities, however, are given a 10-day statute of limitations for slip and fall claims. So, if you slip and fall on a town street or parking lot, you must tell the municipality within the 10-day period.

Muskoka-Parry Sound MPP Norm Miller found the 10-day versus two-year time limit difference between municipalities and private individuals and businesses so unfair that late last year he introduced a private member's bill in the Ontario legislature. The bill, which was adopted, reduces the risk of liability by reducing the two-year period for making a claim to 60 days.

There is little evidence that the new law has reduced snowploughing liability premiums for this winter. However, it is expected to discourage frivolous and fraudulent claims, which might help to reduce premiums in coming years.

Meanwhile, there are fewer winter maintenance operators to do the ploughing and sanding this winter, which is forecast to be an especially snowy and icy one. One road association made 30 calls earlier this fall before finding a contractor available to plough and sand its road this winter.

Forecasters are predicting a snowy winter ahead because of unusual warming of the Great Lakes. They say that cold winter air passing over the warmer lakes will create much lake effect snow until the lakes begin freezing over in January or February, or perhaps not at all.

Air temperatures in the Great Lakes region have increased 1.6 degrees Fahrenheit in the past 60 years, resulting in declining ice coverage. And, the incredibly warm fall we are experiencing is adding to the prospect of little Great Lakes ice this winter.

Also, this is another La Niña year in which above-normal temperatures and significant snowfalls both are possible. Thaws and above average rainfall are forecast for January and February, interspersed with blasts of cold Arctic air, resulting in more icy surfaces.

Some folks will recall the 2007-2008 La Niña winter that brought a record number of snow events. That year the Great Lakes region recorded its third wettest winter in 61 years, with most of the precipitation being snow. Muskoka reported 558 centimetres (that's 18 feet!) of snow.

Also, current forecasts show no signs of an early spring. March is expected to be colder than usually, with above average snowfalls.

All in all, it's not looking to be a winter in which anyone wants to be without snow clearing and ice sanding.



Birds on the wire, watching the world below on Prince Street. /SUE TIFFIN Staff

letters to the editor

Thanks for History in the Highlands

To the Editor,

Enjoyed your stories of Miss Noice and Miss Curry. When they would visit my mom there was a third lady, Miss Steiner. Tall and thin, and wore wide brim hats. I thought you might like to know. Hope you do a lot more of 'Do

You Remember' for they bring back a lot of memories.

Thank you.

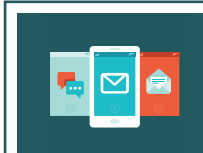
Norma Littlewood
Wallaceburg

HCPL's DVD of the Month - November



The Greatest Bond centers around an organization called Patriot Paws based out of Dallas, Texas. A touching and inspirational one-hour documentary shot in observational style, this film is an in-depth chronicle about the high cost of war on the heroes and heroines who fight for freedom. Join three disabled veterans as they meet their service dogs and work with the inmates in the Texas women's prison who train the animals. Witness the men's transformation as each dog expands their world and heals their hearts. Peppering among the heart-wrenching veteran stories is the lighthearted joy of the puppies, the redirected lives of the female inmates, and good-natured humor of the Patriot Paws trainers. Not only do these dogs help the veterans on a very practical level, they provide constant emotional support, protection and relief from the terrors of their combat-related PTSD. In short, these dogs ultimately save the lives of those who have saved lives.

Check out the DVD copy from Haliburton County Public Library.



Have a thought, comment or opinion you'd like to share?

Send a letter to the editor to
sue@haliburtonpress.com

Booster shots recommended, but optional

from page 1

against COVID-19 as the MNRA vaccines.

“Two doses of MRNA still have very good protection against very severe disease or bad outcomes from COVID-19 so there’s not the same urgency around getting third doses as we might have felt about first or second doses,” said Bocking, noting that being fully vaccinated is still considered to mean having two shots, and that the third dose, or booster is optional.

“There’s a number of things to consider,” said Bocking. “Everyone has different levels of tolerance for risk. So we know that there will be some people that, if there’s anything they can do to decrease risk of COVID-19 then they will do that and that will mean wanting to get a third dose right away. There’s other people that are more comfortable with a little bit of risk, and saying that, we’re not having a lot of COVID-19, this is recommended and not required, and maybe I’ll wait for a little bit.”

She recommended people talk to their healthcare provider if they have questions.

A mass clinic has reopened in Minden at the Minden community centre to help vaccinate the number of people who might be wanting a booster shot. An appointment system is being reintroduced, and the last hour of each clinic will be open to walk-ins, though could be a busy time.

Low case numbers locally continue

Since the start of the pandemic, 2,498 cases of COVID-19 have been recorded across the HKPR region, and as of last Nov.3, Bocking said there was a “continued trickle of cases,” with eleven cases active, five in City of Kawartha Lakes, six in Northumberland County and none in Haliburton County.

Bocking noted that provincially numbers are low and at times in some areas of the province, there will be an increase in numbers.

“I’m flagging that just to remind people that even though we’ve had a low number for several weeks now, it doesn’t mean that we’re not vulnerable to increases in cases of COVID-19 if a larger outbreak were to be declared or we see an influx of cases being identified,” she said.

Majority of cases among young adults 20 to 29

Of the 17 new cases identified in the past 14 days, greater than 40 per cent of those are among the age group of 20 to



Wendy Wilkins was volunteering at Minden’s COVID-19 vaccination clinic on the morning of Nov. 5. The clinic is open again for those who need first or second vaccinations, as well as those eligible for booster shots. /SUE TIFFIN Staff

29, said Bocking. Of those cases, 35 per cent did not have an identifiable source for exposure and 17.5 were identified to be close contacts. Of the 338 cases identified since July 1, 63 per cent are among individuals that had received no vaccinations, 19.2 per cent were partially protected or considered to be not yet fully protected and 17.8 per cent were fully vaccinated.

Health unit aiming for 90 per cent vaccination rate

“We’re continuing to make slower incremental progress in terms of vaccination coverage,” said Bocking.

As of last week, the coverage rate of individuals aged 12 and over across the health unit who have received one dose

of COVID-19 vaccine is 86.3 per cent, while 83 per cent have received two doses of vaccine.

“We’d like to see 90 per cent of the population eligible for vaccination to be fully vaccinated,” said Bocking. “We do still have a little ways to go but we are continuing to see individuals that have not yet been vaccinated to come to access vaccine, which is great. I really would encourage people to continue to talk to friends, family members that have not yet been vaccinated yet to have a respectful conversation about the risks and benefits of vaccination. It’s certainly not too late to get your first dose of COVID vaccine.”

The health unit continues to offer mobile, pop-up and school-based clinics. For more information visit www.hkpr.on.ca/2021/09/01/vaccination-clinics/.



A scary success

Rachael and Allan Velkovski raised more than \$1,000 from about 350 people visiting their Haunted Forest Walk in Minden from Oct. 29 to Oct. 31. The donations were raised for the Minden Community Food Centre, and accepted by Joanne Barnes, manager. /Submitted photo

Algonquin Highlands to install electric vehicle charger

by STEPHEN PETRICK
Special to the Times

Electric vehicle users will soon be able to power up at the Township of Algonquin Highlands office.

Council, at its Nov. 4 meeting, approved the installation of an electric vehicle charging station.

The one dual-port charging station will go up at 1123 North Shore Rd. and could be working by mid-November. The municipality will pay \$4,000 annually to offer the service. It will

charge drivers \$2.50 per hour to use the port.

The installation fits with Haliburton County’s efforts to reduce its carbon footprint. Data gathered through the county’s Community Climate Action Plan, shows there are 17 electric vehicles and 12 plug-in eclectic hybrid vehicles registered to residents of Haliburton County. However, officials believe there are many more electric vehicles being driven on local roads by owners who are registered elsewhere.

COVID-19 CONTACTS, CASES, HOSPITALIZATIONS, AND DEATHS BY COUNTY								
County	Current Cases Not Resolved	Current High Risk Contacts	Current Probable Cases	Confirmed Cases (Total to date)	Confirmed Cases Resolved (Total to Date)	Hospitalizations (Total to date)	Confirmed Deaths (Total to date)	Probable Deaths (Total to date)
Haliburton	1	3	0	149	147	3	1	0
Kawartha Lakes	5	55	0	1,321	1,271	52	45	13
Northumberland	8	20	0	1,038	1,013	36	17	0
Total***	14	102	0	2,508	2,431	91	63	13

Haliburton County reports one confirmed case

One new case of COVID-19 has been reported in Haliburton County through the health unit after weeks of no cases. In total there are 14 unresolved cases throughout the entire region, and 102 high risk contacts./ Screenshot from the HKPR website

Ultra-runner plans 125-kilometre route for Kids Help Phone

by **SUE TIFFIN**
Editor

If you're travelling from Kinmount to Lindsay this upcoming weekend, you'll be following the same route as Russell Lavis. The difference is, he'll be taking on the journey by foot.

Lavis is a runner, and an ultramarathon enthusiast at that. The Fenelon Falls resident has been running for just over three years and in that time has raised tens of thousands of dollars for organizations and causes he cares about, including World Vision Canada, SickKids, Bereaved Families of Ontario and for Palestinian humanitarian needs.

"The sport has been a passion and personal challenge of mine, but what I've come to realize is that dedicating my runs to causes that make a difference in the lives of others who need it most, brings a deeper meaning to my runs and strengthens my commitment," he wrote to the *Times*.

On Nov. 13, he's running the Victoria Rail Trail for 125 kilometres – the equivalent of three marathons – beginning and ending in Fenelon Falls while running north to Kinmount and south past Lindsay, toward Bethany. This time his motivation toward the finish line is helping Kids Help Phone.

"The youth of Canada are the future," he said. "During this global pandemic, there

are many uncertainties, especially among young people. I want to do my part in helping youth across Canada have access to Kids Help Phone's critical services based on these uncertainties."

Lavis said he's passionate about supporting resources for youth to critical counselling services across Canada.

"During the COVID-19 pandemic, Kids Help Phone has become a significantly more critical service in responding to youth across Canada. In 2019, prior to the pandemic, Kids Help Phone had 1.9 million contacts. Whereas, in 2020, Kids Help Phone had 4.6 million contacts which is a 242 per cent increase in their service. Now, in 2021, Kids Help Phone has climbed to 5.5 million contacts which is nearly three times as many as 2019."

Lavis said he also runs to be a good role model for his niece and nephew, and that by dedicating his runs to important causes and his family, he performs better, inspired by knowing the goal is something much bigger than himself.

"One hundred and twenty-five kilometres is extremely tough to endure, but the payoff is simply immeasurable," he said.

At press time, Lavis had reached 30 per cent of his \$5,000 goal. To donate toward his effort, visit <https://secure.e2rm.com/registrator/Donate.aspx> and search for Russell Lavis.

"Some honks would be super cool as well," he said.



Fenelon Falls resident Russell Lavis is planning on running 125 kilometres – the equivalent of three marathons – this Saturday when he takes on the Victoria Rail Trail for Kids Help Phone. /Submitted photo

Potassium

IDIDN'T KNOW a person could experience a potassium overload. When I heard about this condition I realized that I know nothing about potassium. I know that potassium is a naturally occurring element. I remember that from Grade 12 chemistry. I know bananas are a good source of it. Beyond that nothing comes to mind.

I am curious about anything that can cause health problems. According to Thomas Jefferson, knowledge is power. I figured that increasing my potassium awareness would be a good thing so I opened up my internet browser and did some research.

Potassium is a chemical element identified with the symbol "K" (from latin - Kalium). Its atomic number is 19. An interesting fact is that the atomic number is the number of protons found in the nucleus of every atom of that element. I'm pretty sure I slept through that part of chemistry class. Perhaps my potassium balance was off because fatigue is a symptom of having too much or too little. Let's go with that reason and ignore the fact that chemistry was not my thing.

Potassium is required by all tissues in the body. It helps muscles to contract and helps to support healthy blood pressure, but its main purpose is to help maintain normal levels of fluids inside our cells. Another interesting fact is that sodium, the counterpart to potassium, maintains normal fluid levels outside of the cells. I might have slept through that part of my biology class. It makes sense how the proper amounts of both of these elements are critical in keeping us functioning well.

Our kidneys work to maintain normal potassium levels in our blood by flushing out excess amounts through urine. In some cases when our kidneys are not functioning well excess potassium will not be flushed from the body and this can lead to a potassium toxicity known as hyperkalemia. Symptoms of hyperkalemia include: fatigue/weakness,

nausea, vomiting, shortness of breath, chest pain and irregular heart rate. Sometimes hyperkalemia can be brought on by certain medications that cause the body to hold on to potassium.

On the other side of the scale is a potassium deficiency known as hypokalemia. Symptoms of hypokalemia can include fatigue, muscle cramps and constipation. It is rare for a potassium deficiency to be caused by diet because it is found in so many foods, however poor nutrition combined with heavy sweating, diuretic use and severe vomiting could lead to hypokalemia. Another potential cause of hypokalemia is a deficiency of magnesium. Our kidneys need magnesium to help reabsorb potassium and maintain normal levels in cells.



LAURIE SWEIG
Practical Fitness

The recommended daily intake of potassium for men (19 and older) is 3,400 mg/day and for women (19 and older) it's 2,600 mg/day. Here are some of the healthy food choices available to us:

- Dried fruits (raisins, apricots)
- Beans
- Starchy vegetables (potatoes, squash)

- Leafy greens
- Avocado
- Bananas
- Cantaloupe
- Nuts
- Tomatoes
- Salmon

That's what I learned about potassium. Clearly, it's best to avoid the extremes. Establishing and/or maintaining a nutritionally balanced diet is a surefire way to stay healthy and feeling good.

Something to think about.

Laurie Sweig is a certified personal fitness trainer and spinning instructor. She owns and operates The Point for Fitness. She can be reached at laurie@thepointforfitness.com.



Fight COVID-19...
Get Vaccinated!

Get your 1st or 2nd dose (Anyone born in 2009 or earlier)

Get your 3rd dose* if:

- Born in 1951 or earlier
- Adult First Nations/Metis/Inuit and Adult non-Indigenous household members
- Received full series of AstraZeneca/Janssen COVID-19 vaccines
- Frontline health care worker or essential caregiver

(*Third dose only given at least six months or 168 days after second dose)

Vaccination Clinic Sites:

- Minden Community Centre (55 Parkside St.)
Nov. 12 and 19, 10 am to 5 pm
- Haliburton Highlands Secondary School (5358 Haliburton Cty Rd.)
Nov. 13, 20 and 27, 10 am to 5 pm

Book an Appointment:

- Visit: <https://covid-19.ontario.ca/book-vaccine/>
- Call 1-833-943-3900 (or TTY: 1-866-797-0007)

Third Dose walk-ins available from 3:30-4:30 pm

First or Second doses: no appointment needed



For more information visit www.hkpr.on.ca



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Legion president remembers life at sea

by **SUE TIFFIN**
Editor

While some people were crossing the border from America to Canada to flee participation in the Vietnam war, Jim Ross was prepared to head straight into it.

"That concern wasn't there," said Ross. "Coming from a family that had been through it, that was nothing. It was just something you had to do."

At the time, back when he was "a young lad," Ross said there were plenty of Canadians who crossed the border to join the American forces.

"There were many, many Canadians that went the other way," he said. "At that time it was very easy. They were desperate for manpower in their armed forces, and we had lots of Canadians that were willing to join."

Ross was 18-years-old and living in Hamilton living close to the border when he crossed it to sign up, joining the United States Marine Corps.

"I came from a military family and again, like any other kid coming out of high school, you know, looking for work and a career, I was going to join the military," he said. "It was sort of pre-destined that I would go into the military."

Ross was accepted into the marine corps, got his travel papers, but on the way back from Buffalo, he also went into the recruiting centre in Hamilton to sign up for the Royal Canadian Navy.

"I had to make a choice," he said. "Because of family pressure – my dad was a very, very loyal Canadian – and I guess for that reason, I went and found myself in Halifax."

Ross said his dad, and his dad's two brothers had all served in the Canadian military during the Second World War. His dad served overseas for six years.

"He'd gone in, in 1939, and came out in '46, in the Royal Canadian Regiment," said Ross. "He went through it all - North Africa, Sicily, Italy and into D-Day, through Belgium and Holland. He was an old soldier and he was very proud of Canada, which is one of the reasons I ended up in the Royal Canadian Navy instead of the United States Marine Corps."

He laughs when he thinks about what he calls his "teenage revolt."

"My own revolt would be that instead of going into the army, which of course is what my father wanted, that my first reaction was to go over to the other side," said Ross. "And then I guess my revolt was that I joined the navy, but I don't think it really mattered to him in the end. He was just glad I was in there. I revolted and went into the navy instead of the army. Teenage revolt, I guess you'd call it."

Ross affirms many times that his time with the navy was not interesting – he uses the words boring, mundane, "not very exciting, just years at sea."

"I took advantage of it, the many long nights at sea, and I decided I would start getting my education, and complete my educa-

tion," said Ross, who had enlisted before he finished high school. "I completed at that time Ontario Grade 13, completed high school graduation through the navy, which encouraged people to take courses. So I did that. I managed to complete high school at sea, taking advantage of the many hours of boredom."

While the navy provided Ross the opportunity to get his education, he said there were also many "very, very boring days at sea. It's not a cruise ship."

That's not to say there weren't adventures, though, such as when he had to report back to the ship in Halifax, and board it without knowing where it was headed.

"What happened was the Cold War was on," he said. "We had (Nikita) Khrushchev and (John F.) Kennedy and one fine day, we were all ordered back to our ship in Halifax, all navy personnel report back to your ship, and life suddenly changed. We got back to our ship and there were armed guards around it, and we prepared to go to sea not knowing where we were going. They don't tell the lower deck, just the rank and file, you have no idea what's going on. However, we got very serious when we saw that they were taking the beer off the ship and putting live ammunition on it." And then, laughing: "We knew that something serious was happening."

Ross said the ship left Halifax, leaving everyone wondering where they were going.

"You have to understand that life on a ship, you can't keep secrets very long," he said. "Once he set the course, everybody onboard knew what the course was and we realized we were going south. South meant warm weather, which was a good thing, instead of going east toward England. We were going south into warm weather, so we were all elated about that. We were thinking, oh my God, Bermuda in the winter. But it didn't end up with that."

After leaving Halifax to head south, Ross said they met up with the Americans, and suddenly found themselves off Cuba, involved in the Cuba blockade.

"We found ourselves involved in that, stopping freighters at sea and looking for missiles coming into Cuba from Russia," he said. "We were out there for some time, working with the Americans on the blockade, which is a little known fact of Canadian military because John Diefenbaker was our prime minister, didn't get along with Kennedy, and said there'd be no Canadian involvement. But I can assure you there was because I was there. It was an interesting political situation, because Diefenbaker and [Kennedy] hated each other, they didn't get along, but I guess the Canadian admiral and the American admiral got along quite well, because there were three Canadian ships dispatched to that blockade, and we were the lead ship."

Ross said they stopped freighters and boarded them.

"We went aboard ... thank God nobody shot back," he said. "We went onboard and did the search, the Americans did most of it, they were more prepared than we were. But that's what we did, we stopped quite a few actually. We didn't know we were going there and we weren't prepared, or trained for what we had to do, but we did it anyway – we did what we had to do."

"We were there until Khrushchev and Kennedy settled their differences, we were gone for quite awhile. Then we finally returned to Halifax after a long time at sea. Relief, it was over. Historically, Khrushchev had put the threat out there that any ships that were stopping freighters, that the Russian submarines would sink us. We had that all on the radio, Khrushchev making his threats at

the United Nations, that the Americans had no right to be blocking Cuba, and it was an act of war. The Russian submarines had been dispatched to stop any ships stopping movement of freighters, that kind of thing. That was all there."

In hindsight, Ross said he thinks about how ill-prepared they were for that kind of task.

"And I think about it from the other side, the poor people on the freighters that we stopped. They were illuminated by star shells and search lights and had guns aimed at them, both from us and from the Americans. They must have been terrified. These were just workers on ships from the Philippines and Southeast Asia, they were just terrified. They were just going with their cargoes coming up the American eastern seaboard. Suddenly they're stopped at sea – then they look across the water and there's guns aimed at them. Frightening on their part."

Ross said his crew was thinking more of submarines.

"There's certain things that happen at sea, the boredom of it, all you see is water. Then some day you join a NATO exercise or something and see a super aircraft carrier like the Americans have, and you go, 'wow.' Or suddenly a submarine pops up beside you out of nowhere."

That's what happened one day in the North Atlantic.

"I can remember once, one day, unbeknownst a submarine popped up, very, very close, up from the water," he said. "It was a British submarine, and they had a problem on board with a crew member who had an appendix attack. They contacted us and we went over, got the guy, and we had a sick bay with a doctor and they did the operation. The submarine disappeared, and then a week later it reappeared to pick him back up. That took away from some of the boredom of the sea."

There were also cards, a lot of cards, two bottles of beer that were allowed at 4 p.m. – the first dog watch – and a time for Up Spirits.

"I was in the old navy, where they still gave two-and-a-half ounces of rum a day, at 11:30 in the morning," he said. "It was called Up Spirits. Everything on a Canadian ship is done with what's called a pipe, and they would call Up Spirits at 11:30 in the morning, and you went and you got your glass and you got your two-and-a-half ounces of black rum. It was a big ceremony, you had to stand there, the officer had a ladle, dipped it into the rum pot, poured it into your glass, you had to mix it there if you mixed it."

After being at sea for five years, Ross was selected to go for officer-in-training, but after officer school, he realized he felt that life on a ship was confining and he wasn't inclined to stay. He resumed his studies at McMaster in Hamilton, becoming a teacher and eventually retiring to Haliburton County where he joined Minden's local legion of which he is now president.

"The military was always ingrained with me, so I became involved with the Legion, helping veterans," he said. Ross has been a member for over 50 years now, having joined when he was part of the navy.

Ross laughs that like military life, Legion life is in his blood, too. His dad also served as president of the local legion at home for years.

"The Legion – it's got an obligation to help veterans who need help, and we do that very well. We take care of what veterans we have – there are more than what you think," he said. "And we have an obligation to the community. The community obligation is a big one. My dad always drilled that into my head. Community service is very, very, important. And we do what we can. We generate a lot of income and we give it back."



Thanking Indigenous veterans

In honour of National Indigenous Veterans Day, which is observed in Canada on Nov. 8, Minden Hills resident Larry O'Connor shared beaded poppies he has created. "It is all about honouring our vets," he said.

It has been estimated that more than 12,000 First Nations, Métis and Inuit men and women served in the First and Second World Wars and the Korean War and later Canadian Armed Forces efforts. An estimated 500 Indigenous people lost their lives in those conflicts. To learn more visit <https://www.veterans.gc.ca/eng/remembrance/people-and-stories/indigenous-veterans>

On the homefront

Submitted by Guy Scott

Living with rations

Eighty-two years ago Canada was plunged into the greatest trial in Canadian History: the Second World War. Rationing was introduced in Canada during the war. Rationed items included foods (like meat, butter, sugar), gasoline and alcohol. Unlike the First World War, there was no prohibition of alcoholic beverages, but supply was limited. To prepare people for the war effort, posters were circulated about recipes, rules and how rationing actually worked.

Red Cross food parcels

During the Second World War, many Canadians were captured by the enemy. A total of 7,973 Canadian servicemen ended up as Prisoners of War (POW). The largest group were in Europe (4,706). The POW count for the army was 2,937 (2,000 of them at Dieppe), 1,683 came from the RCAF and 86 from the Royal Canadian Navy. The International Red Cross based out of neutral Switzerland made it their duty to deal with POW issues in Europe. This organization was allowed access to POWs in the enemy countries.

They recorded names, contacted next of kin, reported violations under the Geneva Convention for POW conduct, and more importantly, distributed food parcels sent from home.

The Canadian Red Cross organized preparation of these packages back in Canada. The

generic Red Cross food parcel contained the following:

- One pound (450 g) of milk powder
 - One pound (450 g) of butter
 - Four ounces (110 g) of cheese
 - Twelve ounces (340 g) of corned beef
 - Ten ounces (280 g) of pork luncheon meat
 - Eight ounces (230 g) of salmon
 - Four ounces (110 g) of sardines or kippers
 - Eight ounces (230 g) of dried apples
 - Eight ounces (230 g) of dried prunes or raisins
 - Eight ounces (230 g) of sugar
 - One pound (450 g) of jam or honey
 - One pound (450 g) of pilot biscuits
 - Eight ounces (230 g) of chocolate
 - One ounce (28 g) of salt and pepper (mustard, onion powder and other condiments were also sometimes enclosed)
 - Four ounces (110 g) of tea or coffee
- Each POW was “supposed” to receive this package every week. Delivery was sporadic. But they did make a difference. German “care” declined rapidly in the later stages of the war. The Canadian Red Cross assembled and shipped 16,500,000 of these parcels during the war.

Dr. Wilfrid Crowe

A native of Orangeville, Dr. Crowe was practicing in Minden when war broke out in 1939. He joined the RCAMC as a doctor. He was posted to the Middle East (Egypt). In 1940 he was part of the expedition sent to Crete to occupy that island. In the ensuing evacuation, he was captured by the Germans



Communities across Canada raised money for food parcels that were assembled and distributed to Canadian POWs. /Submitted photo

(July 1940) and spent the rest of the war as a POW. He sent several letters (and a photo!) home. Being a doctor, he was in a good position to critique the Red Cross parcels sent to POWs. Dr. Crowe returned home in the summer of 1945, and set up a practice in Lindsay.

July 29, 1942

Toronto, July 29. — Red Cross parcels are being received in good order by Canadian

prisoners of war, and the contents of the parcels are of substantial benefit to prisoners' health. So reads a letter from Captain Wilfred R. Crowe to the Toronto Red Cross branch and just received, by the secretary. “Canadian parcels with their B1 content are particularly valuable,” wrote Captain Crowe, “and I would like to congratulate you on the choice of foodstuffs. Canadian Red Cross parcels compare most favourably with those from other parts of the Empire.”

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Climate justice rally results in 'constructive' conversation

by **SUE TIFFIN**
Editor

A small but engaged group of people represented Haliburton County in the Global Day of Action for Climate Justice.

Members of Concerned Citizens of Haliburton County and Environment Haliburton joined together outside of the county building on Newcastle Street in Minden on Nov. 5 for an hour, holding placards declaring 'System Change, Not Climate Change,' 'Climate Action Now,' and 'Code Red, this is a Climate Emergency.'

The group was met at the steps for the hour-long conversation by Korey McKay, the county's climate change co-ordinator, county warden Liz Danielsen, Dysart et al councillor John Smith and county CEO Mike Rutter for what one organizer - Bonnie Roe - said was "some constructive and positive dialogue." In advance of the rally, Roe said the goal was to raise awareness about the importance of COP26, Canada's pledge to reduce greenhouse gases by 2030 and how residents of Haliburton County will be affected.

McKay has been presenting details of the Community Climate Action Plan to local councils [see story Page 3], which "addresses both climate change mitigation - reducing greenhouse gas emissions - and adaptation - reducing the negative impacts of climate change" with next steps including an advisory group and feedback from the community.

"I see us making some strides here," said Danielsen. "They're small strides, I know that. I know they're sometimes frustrating to people who can want and expect more, but right now we're doing everything that we can."

Those participating in the Global Day of Action for Climate Justice asked McKay and councillors about their progress so far, questioned why some initiatives hadn't been taken, and discussed what more could be done at a municipal level to face ongoing climate issues.

Some asked about wetlands and how to build resilience to climate change, which McKay said were included in the community plan. Public transportation, the possibility of making the rail trail more multi-use, and planning for Net Zero Ready housing was brought up. Some brought up the issue of organic waste and questioned why commercial and multi-residential facilities weren't composting it - Danielsen said encouraging composting is a lower-tier responsibility, and Smith said landfills are regulated by provincially-imposed rules but that there is change happening, though it's a multi-year process. The issue of a potential expansion of the natural gas pipeline into Haliburton County and the need for an examination of municipal policies to align municipal goals with not expanding fossil fuel infrastructure was raised, and a question about the reluctance to call a climate emergency was asked.

"I can't disagree with you but I also can't answer on behalf of the rest of the members of council," said Danielsen to the latter point.

"It's a group decision, and it's not mine to make. Is it a good decision, maybe not, but they did at least heed the message and have moved forward and have made substantial investments. I know you're disappointed with the targets that we've set, but as I wrote in an email, we set targets that we knew we could achieve. And all of us hope that we can exceed those targets, but we didn't want to set ourselves up for failure. I think you'll see some changes in those targets as time goes by but I think we're on the right track."

The challenge of education, and ensuring that everyone had access to the most current



About 15 people joined together for the Global Day of Action for Climate Justice gathering, held on Nov. 5 at the county building in Minden. Korey McKay, the county's climate change co-ordinator, met them at the steps alongside councillors and staff for an hour-long conversation. /SUE TIFFIN Staff

information came up often.

"It's a pervasive problem," said Danielsen. "People look at Haliburton County and they see a beautiful place with wonderful lakes and they think, well, we're not part of the problem. I heard that yesterday when it came to the pandemic. Well, there's no problem here. We are part of the problem. Maybe we're just small, but if every small community can make some inroads ... We are part of the problem. We know it, it's just a matter of communicating that."

"If you read the letters to the editor, there are some people who call us extremists, or radicals, or treehuggers," said one Environment Haliburton group member. "We are just people who care about nature, and the future of humanity, and our planet." She said the consultants who worked on the shoreline preservation bylaw said that in Sudbury, people like the people in Environment Haliburton are paid to do the work that the local group does here to educate the public.

"I'm not asking for you to pay me," she said, laughing. "What I am asking, is if there's a possibility that the county could kind of get behind what we're doing at Environment Haliburton, try to educate the public, and make our message a little bit more mainstream. If you got your power behind what we're trying to do, I think that it would carry more weight."

One person attending the rally noted that it is a struggle to be trying their best, when their neighbour does not seem to care.

"That's frustrating," she said. "So we look to governments to impose something that we can't do individually."

"Well, let me tell you about frustration, we try to do a lot of things, and a lot of good things," said Danielsen. "There's also a large population that fights it, doesn't understand it, and that's where education, and information, and groups like yourself can help us in spreading the word and the knowledge. But there's a lot of things we try and do that we are not successful because there's so much pushback. A lot of people just don't care and that's really sad."

Danielsen said the issue of education comes up "over and over again" and that it will be an important one to tackle.

Danielsen and Smith noted several times that although they agreed with many of the ideas and suggestions discussed during the rally, they are each only one person on council, and only counted for one vote.

"One of the things we need to remember is

that if you want Korey to start to go in a certain direction, the best way is to make a delegation to county council," said Danielsen. "Put your arguments forward to us, as a group, where we can make a decision as a group, and direct her in that regard. She probably would like to do all kinds of things, but she needs some direction from us. Come and talk to us."

Sometimes, the conversation was heated, with frustration causing raised voices.

"I'm not angry at you as a person," said one member of Environment Haliburton to

Danielsen. "I'm thinking first of our lives and my granddaughter's life."

"I appreciate that, you have to appreciate that our jobs are not always as easy as you think they are," responded Danielsen, who noted at one point that councillors had received threats while working on the recent shoreline preservation bylaw. "We have to come to an agreement. There are so many factors involved in trying to make a decision. I don't disagree that climate change is an emergency."

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Sleeping in Cars draws attention to dire situation

by **STEPHEN PETRICK**
Special to the Times

With COVID-related restrictions easing, it's now possible to hold big fundraising events – and the need to do so may be more important than ever.

Places for People, a Haliburton-based housing organization, is hosting Sleeping in Cars Nov. 19 to 20. It's doing so in a much different environment, compared to 2019; the last time the big fundraiser was held in person. Housing prices have skyrocketed and the effect is now being seen in rural areas, where it's now almost impossible for people with low incomes to find affordable places to rent, said a local organizer.

"It's becoming increasingly difficult for people to find anything anywhere," said Nataly Mylan, a marketing director for the event. "The situation has become dire ... People who were traditionally renting homes are now selling them."

The Sleeping in Cars event aims to raise funds for a housing project that Places for People is working on with Haliburton County. There's a long-term plan to build an affordable housing unit on Wallings Road in Dysart. The project, which would include one- and two-bedroom units, is currently in the planning stage.

Participants can register at www.placesforpeople.ca. They then gather pledges for agreeing to spend a cold night sleeping in their car. The thought is that the uncomfortable experience of sleeping in a car will serve as motivation to ensure there's affordable housing in the community, so no local person will have to re-live that experience daily.

Participants will gather in the parking lot of Haliburton Highlands Brewing, at 1067 Garden Gate Dr., at 7 p.m. on Nov. 19 and festivities will keep people entertained in the evening. A movie will be shown "drive-in style," prizes will be given out and there will be a fire pit for people to gather around and start conversations, Mylan said.

The event concludes at 7 a.m. on Saturday, Nov. 20, when a light breakfast will be served.

Mylan said people are also welcome to participate in the event virtually. Last year, a similar virtual event raised about



Earl Johnson and Eric Casper, of County Road One, sang songs with themes of homelessness at the Sleeping in Cars event held in Minden on March 1, 2019. /SUE TIFFIN File photo

\$1,000, but in 2019 an in-person event raised about \$6,000. Organizers are hoping to raise a similar amount this time.

Mylan also said she hopes the fire pit conversations will lead to discussions about how if affordable housing is lacking, the whole community suffers. She worries that long-term residents of this area are being pushed out. There seems to be an incredible shortage of single-unit apartments for rent, too, she noted.

"I'm hoping that we recognize that, as a community, we're obligated to make spaces for our community members to stay and live here. We owe it to ourselves to make sure people

who have supported us in the past, can be here in the future We're losing their knowledge, their connection to the community."

Mylan said that, traditionally, Places for People has worked as a support service for tenants who are struggling to find places to live. It helps these tenants, not only find places to live, but by connecting them to education and other support services.

"We give them an environment where they can not only survive, but thrive," she said.

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Elisha Weiss



Minden Auto Care moving right along under Pennie ownership

by ALEX GALLACHER
Special to the Times

Right at the corner of Water Street and Prince Street stands one of Minden's most iconic buildings. Founded originally as a Ford dealership, it then became a Texaco gas station. Dave and Corinne Howell took over the property in 1985, eventually growing it into one of the most respected garages in the county.

However, as the Howells got older they looked to sell the business and retire. In came Dave's apprentice Dennis Pennie, who along with his wife Lori, took over the business of Minden Auto Care a handful of years ago and since then have taken the shop to a next level.

"I worked for Dave for about a year-and-a-half as an apprentice," Pennie said. "He had the place for sale and I asked him if he wanted to hire a mechanic, he said no right away. A couple of days later he called me and asked me if I was interested in buying the shop. I was interested but it was the wrong time. He hired me after that, took me under his wing and a year later Lori and I bought the shop."

When Pennie bought the shop from Howell, Howell had prepared Pennie to take over. He introduced him to all the customers and got him known in the community. When Howell sadly passed away from cancer, Pennie felt a sense of pride that he was able to carry on Howell's legacy while forging one for himself.

Prior to coming to Minden, Pennie was no slouch in the automotive world. Running his own mechanic shop in the Barrie area, he specialized in European imports such as Audi, VW, BMW and Mercedes-Benz.

"Before coming here we were in Alcona," Pennie continued. "We were there for 20 years and I owned my own shop called Alcona Car Care right downtown. We had



Dennis and Lori Pennie own Minden Auto Care, having taken on the business from Dave and Corinne Howell. The business is open from 8 a.m. to 5 p.m. at 8 Water Street from Monday to Friday. /Photo from mindenautocare.com.

spot to build a life.

"I love the people here," Pennie said. "Down south it was very busy all the time. You didn't have as polite a people as you do here. Everyone is easy going, easy to please, it's just a very nice small town and we fit in. We both grew up in smaller communities and it's just what we know. This is more our speed and when we bought the place we had so much support from all the locals who were willing to help us. We went from a big house to a small apartment above the shop, so everyone came together to help us out and it's much appreciated."

Minden Auto Car is a full service shop. That means they work on everything, with three additional licensed mechanics who all have their own specialties to help diversify the shop's offerings. They are family and pet-friendly, and with the scenic location by the Riverwalk, it makes it easy for patrons to take their furry friends and go for a stroll while waiting for their car to be done.

Pennie plans to grow Minden Auto Care, doing his best to bring back some of the things the shop used to do back in the day. Living his dream along with his wife by his side, Pennie has been prepping his new apprentice Adam Judd to hopefully take over after Dennis is gone.

"My plan is to sell cars out of here," Pennie concluded. "Dave was one of the only used car dealers in the county and I plan on continuing that in the near future. I'm going to step back on the actual mechanic side to focus more on my customers and the actual selling of cars. Our lead tech Adam is who I'm hoping will take over in the future. I want to expand, but we've still got a long ways to go before that happens."

With the strong foundation that has been built already, the future of Minden Auto Car looks very bright and very sustainable.

that specific shop for around 10 years. Before that I had a shop called European Tech Automotive in Barrie. My background is in the European models, but with the team here, we work on every make and model you can think of."

Out front of the shop you can find everything being worked on, from vintage MGs, to modern VW Jettas and Chevy Cobalts. Pennie's passion for cars is one of the things that has kept him going strong all these years

in each business venture he has. Having experienced everything from heavy machinery repair to luxury car service, after Pennie finished school the world was his oyster.

Since coming here to Minden, Pennie fell in love with the community. Coming here was one of the best decisions he has made and he doesn't regret it one bit — the people, the atmosphere and most importantly the great living environment makes this a prime

Vaccination clinic volunteers step outside to celebrate

by SUE TIFFIN
Editor

The sun was shining on the afternoon of Oct. 31 when volunteers of Minden's COVID-19 vaccination clinics gathered at Sunny Rock B and B for a celebration of their efforts, but it wouldn't have mattered if it wasn't — Sally Moore said the thank you party would have happened rain or shine.

"The entire focus of the party was to thank the volunteers that made the clinics happen," said Lynda Litwin, Minden Rotary president. "The community came together and helped Minden Rotary to open the doors for the clinic and work with the health unit to get the vaccinations done in our community."

Dr. Natalie Bocking, medical officer of health for the Haliburton, Kawartha, Pine Ridge district health unit stopped by to acknowledge the volunteers, presenting plaques to the community of Minden and the township of Minden Hills for hosting the clinics. The township of Minden Hills provided funding for the thank you party.

"A beautiful fall day to celebrate wonderful people in our community," said Litwin.

From March to September, 40 clinic days have been held in Minden, with 77 clinic shifts and 203 volunteers organized by Minden Rotary and approximately 20,000 jabs.



Pat Bradley and Sally Moore led the mass vaccination clinic efforts by organizing and training volunteers, and acting as liaison between the clinics and the health unit. /SUE TIFFIN Staff



Musical guests Simply Befuddled (Beth Johns, Norris Turner, Karen Armstrong, Wendy Wood, Wendy Evenden and Ken Loney) provided song for the outdoor guests.



Volunteers at the vaccination clinic celebration party were treated to (mostly) blue skies, an assortment of party games, and food that included a brownie cake from Mollys Bistro Bakery.

Hall of Famer Nicholls credits father for success

by **DARREN LUM**
Times Staff

Stories are powerful vehicles for inspiration and Bernie Nicholls' path to joining the ranks of the best hockey players in the world has the potential to be an example of what is possible for future generations here.

Born in Haliburton and raised in the small town of West Guilford, Nicholls' successful National Hockey League career is just one of many examples belonging to the inaugural group of inductees entering the Haliburton Highlands Sports Hall of Fame as individuals, builders and team members.

Nicholls had a 17-year NHL career, playing in 1,127 NHL games for the Los Angeles Kings, the New York Rangers, the Edmonton Oilers, the New Jersey Devils, the Chicago Blackhawks and the San Jose Sharks. He had three all-star appearances, and most notably, the 'Pumpernicholl #9' scored 475 goals and tallied 1,209 points over his career, including a season to remember with a 70 goal and 150 point performance in the 1988-1989 season. He is just one of eight to score 70 goals and one of five to tally 150 points in one season. The fourth round pick and 73rd overall drafted player by the Kings after junior hockey stops in Woodstock, North York and Kingston. He played from 1981 to 1999.

Besides his professional hockey achievements, Nicholls played for the Haliburton Huskies Junior D team from 1975 to 1977, was a silver medalist in fast pitch at the Ontario Summer Games in 1980, and a silver medalist with the World Ice Hockey Championship for Canada in 1985.

When it comes to his major influences on the success he achieved in sport and life, he said, it's owed to his late-dad, George.

"He's being inducted as well with the 1970 junior hockey team and I think I'm more excited about that than myself. He was the biggest influence on me. He taught me everything about hockey, baseball. He was the best coach I ever had. I honestly don't think the Junior D team would have won the championship without him as a coach," he said, referring to hall of fame inductee 1970-1971 Haliburton Huskies.

"I just think there is so much that you're taught and given guidance and opportunity to succeed and he was that for me," he said. "I would have never done what I did without him."

Even when he was lighting the lamp as a member of the Kings at The Forum in Inglewood, California in the 1980s, his heart always belonged here.

Nicholls, who returned to West Guilford from Las Vegas this September, said the importance of being recognized locally with the induction by the hall of fame is related to the value of acknowledging ones origins.

"I think it always goes back to your roots, right? This is where I grew up. This is where I learned how to play hockey, baseball, so I think when you get recognized in your home town in front of your family and friends I think it's so much more rewarding," he said.

At four years old, Nicholls started playing hockey with the older boys from the area at what was known as the 'Tagalder Gardens' or simply, the 'Gardens' on Pine Lake. The group included his cousin Craig Stamp, who went on to play junior hockey and play professionally in the International Hockey League, and with a young Ron Stackhouse, who went on to play 889 NHL games and shared the West Guilford Citizen of the Year honours with him in 2019. He often played so long that he came home with numb toes.

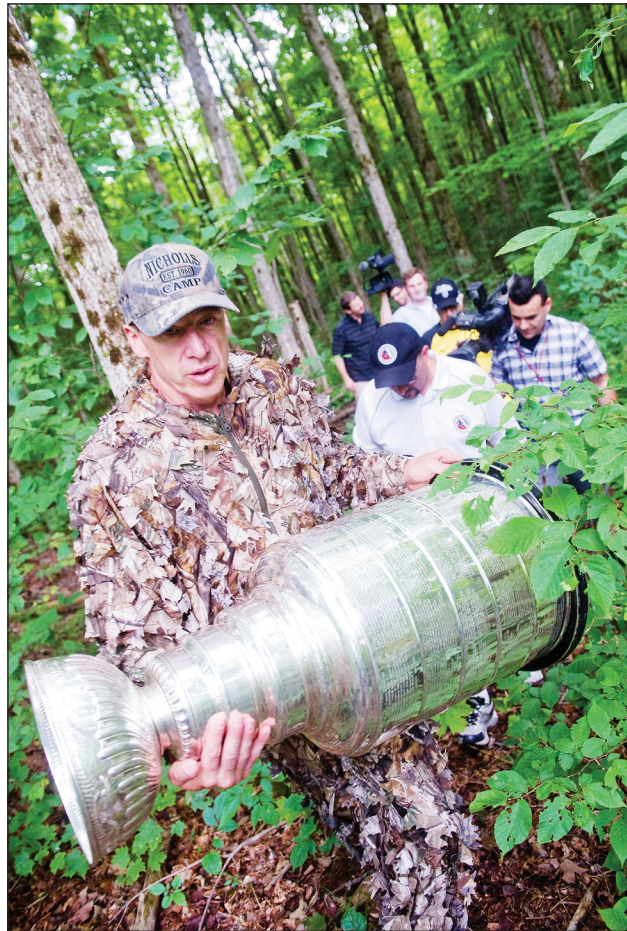
The hall of fame will serve as place of recognition of achievement, but it will also



Bernie Nicholls' parents Marjorie, left, answers a television reporter's question as George looks over on a day many dreams came true when the Stanley Cup came to the Highlands in 2012. Nicholls, who was a consultant coach for the Los Angeles Kings, said he owes all his success to his community and family, particularly his parents. /DARREN LUM File

Back in 2012, West Guilford's Bernie Nicholls brought the Stanley Cup back home, as a consultant coach with the Los Angeles Kings, who finished as the best team in the NHL.

He took it all over Haliburton County, letting people have photos taken with it. His trip included a stop at his home in West Guilford, Haliburton, and at the family hunt camp where media representatives documented the experience. He is part of the inaugural group inducted to the Haliburton Highlands Sports Hall of Fame. /DARREN LUM File



showcase what is possible to young people here and is consistent with the message Nicholls has delivered before.

"For me, I tell kids to play and have fun and, if you're gifted enough to be successful, it's going to come out and people will find you. I tell kids, 'dream.' Dream big and play hard and have fun. I think that's what people will look at us [inductees] from a small town. I grew up from a little town of 75 people. If I could make it then why not the next person? That's what I tell kids. Why not? Why not you? Right? Dream big. I think it's great for kids to dream and do not discourage them from their dreams. Encourage to dream and help them. If they're good enough then they'll make it. At least, let them try," he said.

Nicholls pursuit of finishing the NHL season with the best team wasn't fulfilled as a player during his NHL career where he was committed enough to have played with an assortment of injuries from broken feet,

a broken ankle and torn cartilage in his ribs. However, his connection to the game and the pursuit of the Stanley Cup continued after his playing days when he served as a consultant for the Los Angeles Kings in 2012.

That year he brought the trophy home, which is consistent with the league's tradition of enabling the players and coaching staff of the winning team an opportunity to take the Stanley Cup anywhere with them in the off-season. Nicholls was all smiles on the visit, as he enabled opportunities for family and area residents to pose for photos with it at various stops in West Guilford, whether it was in town at the gas station, at the Nicholls' family home, the family hunt camp and in Haliburton at the A.J. LaRue Arena.

In 2006, Nicholls was inducted in the Lindsay Sports Hall of Fame. Although any recognition is valued, he said, there is much more importance when it is from your home town.

"I just think it's a great accomplishment.

Any time it's your peers or people they've recognized what you've done to get the acknowledgement of getting into the Haliburton [Highlands Sports] Hall of Fame you can't ask for anything better than that," he said.

Besides his hockey achievements, Nicholls also patrolled the infield as a shortstop, winning silver at the Ontario Summer Games in 1980.

"I may have been a better baseball player than a hockey player. I played all sports and I just loved them all," he said.

He played in the West Guilford Men's Fastball league from 1973 to 1976 and then the Haliburton Men's Fastball League from 1976 to 1984.

The passion for sport and the outdoors came from his father, he said. His dad was also a strong guiding figure for many boys not so much with his words, but by his actions and his sincerity.

"He just put you in a position to succeed and I think that's how my dad was with everything. He taught me the outdoors. He taught me hunting and fishing and trapping. One thing about my dad he kind of led by example I think. That was the key I think. A lot of times people say one thing and do another and he taught by example and led by example. He was quiet, but when he spoke you listened and he led you in the right direction," he said.

The other inducted hall of fame athletes include Michael Bradley, Glen Dart, Donald Beverly "Joe" Iles, Marla MacNaull, Stackhouse, Lesley Tashlin, Anna Tomlinson and Jake Walker. Additionally, Linda J. Brandon, Albert John "AJ" LaRue and Lenny Salvatori, are the builder inductees. The team inductees are the Minden Monarchs teams from 1956 to 1958, the 1934 Haliburton Huskies and the 1970-1971 Haliburton Huskies.

An induction ceremony for the Haliburton Highlands Sports Hall of Fame inductees is expected this coming spring. It had been scheduled for this autumn, but was delayed due to restrictions pertaining to COVID-19.

With a career of highlights, Nicholls said, the best part was just making the NHL.

"I'm one of I don't know how many people in the world that had an opportunity to play in the National Hockey League. It's such a great accomplishment. Anything else that comes with it is, you know, icing on the cake. I mean, just having the opportunity to play at that high level was my biggest accomplishment," he said.

The statistical odds of a youth hockey player being drafted by an NHL team is less than a quarter of one percent and then only 0.02 per cent of them will play at least 400 games, which is the number to receive pension payments from the NHL. This information was discovered from a study by former Ontario Hockey League trainer, Jim Parcels in 2002. He observed close to 30,000 youth hockey players to find out how many would actually make it to the NHL and have a successful career.

Nicholls father died at the age of 77 in 2013, but he isn't forgotten by those that loved him, particularly his son, who thinks he would be proud to know of each other's induction.

"You know my dad wouldn't say much, but one thing about my dad is I always knew where I stood with him. He didn't have to tell me I just knew and, you know, he would have been really proud and I think he would have been more proud of me going in than him. Just like I am proud of him going in than me. He would never say it, but I would tell him the only reason I'm going in is because of him. I know he would be proud of me."

Buzzers take Huskies in fast paced and aggressive game

by ALEX GALLACHER
Special to the Times

The St. Michael's Buzzers snapped the Haliburton County Huskies five game win streak Saturday, beating the Huskies 4-2 at the S.G. Nesbitt Memorial Arena.

After an exhilarating win against the division leading Trenton Golden Hawks on Friday, the Huskies headed back to Minden for another game less than 24 hours later. In the first meeting, the Buzzers won 3-2 at the St. Michael's College Arena, however this time the Huskies looked for a win despite being down five players due to injuries.

During the opening puck drop it was clear things were going to be fast paced and aggressive. Both teams were throwing out big hits left and right, with multiple scoring chances as well. Oliver Tarr got the first big chance of the game with a breakaway 40 seconds in, the shot was denied by goaltender

Cole Moore and the Huskies went back to the drawing board. After Christian Cicigoi made an amazing save on Ben Stewart, Bryce Stevenson would sent for a time out at 16:05.

The Buzzers' powerplay got to work and Bryce Sutherland's point shot was tipped off the stick of Luca Marcelltti to give St. Mike's the early 1-0 lead. A few late chances from the Huskies were all kept out as the teams headed back to the locker rooms.

The Buzzers wasted no time doubling their lead, Jared Coccimiglio would see an opportunity and beat Cicigoi to make it two zip Buzzers. Tarr responded in the best possible way, with a highlight reel goal.

Taking the puck in an amazing individual effort, Tarr went nearly coast to coast and beat Moor on the backhand to the roar of another sold out Haliburton County crowd. The joy was short lived as less than a minute later Bryce Sutherland came streaking down the left side of the rink with a head of steam. Sutherland ripped a shot between the wick-

ets of Cicigoi and the period ended with the Buzzers up 3-1.

After a three team trade earlier in the week saw the Huskies ship out Davis Bone and Jacob Dupuis to the Stouffville Spirit, the Huskies received Cameron Kosurko, Jonah Cochrane and Payton Schaly from the Wellington Dukes. All three players dressed for the game, with Kosurko netting his first as a Huskie burying a Bryce Richardson rebound to make it 3-2.

However the Buzzers proved to be too much for the Huskies as Sutherland netted an empty netter to seal the game for St. Mikes and send them back to Toronto with an important two points.

"We gave ourselves a lot of chances to win but sometimes it doesn't fall that way," said head coach Ryan Ramsay. "Effort was there, but the hockey gods weren't on our side. We played well enough to win, effort level was there but we got to find more ways to win."

For Kosurko, his first goal as a Huskie

was something to behold. A packed house brought to their feet was something the Uxbridge, Ontario forward was still smiling about even after the tough loss.

"It feels good especially coming into a new team," Kosurko said. "The building is electrifying, there are fans everywhere who really love the Huskies. I'm excited to be here and can't wait for the next one."

The Huskies are back in action Friday at the Lindsay Recreation Complex for round four of the Battle of Highway 35 against the Lindsay Muskies. The rivalry stands at 2-1 in favour of the Huskies, who won their last meeting at home 5-4 ... as well as the last meeting these two teams played in Lindsay. The puck with drop at 7:30 p.m. on Nov. 12. Following that, the Huskies will return to the S.G. Nesbitt memorial arena to take on the Trenton Golden Hawks in a rematch of this past Friday. Puck drop for that game will be at 4:30 p.m. Nov. 13.



Archie Stouffer Elementary School (ASES) Wildcats player Owen Whittaker finds a break in the J. Douglas Hodgson Elementary School (JDHES) defence.



Wildcats roar returns

Archie Stouffer Elementary School (ASES) Wildcats player Tory Byrnes celebrates a goal scored during the Grade 7/8 ASES and JDHES Soccer Tournament on Wednesday, Nov. 3 at ASES in Minden. Although team JDHES one finished first, beating JDHES two 3-0 in the final, every player that participated in the tournament was a winner because it was the first athletic event for elementary schools in close to two years. /DARREN LUM Staff

Trillium Lakelands District School Board formed a committee to come up with a return to play plan to facilitate regions to provide autumn athletics to enable students an inclusive opportunity for an experience that could help to build character and develop leadership qualities. Carrying out the Haliburton County plan for a soccer tournament included a collaboration between the administration of ASES and JDHES for organizing the eight-on-eight tournament and then the balance of work related to teams and field preparation was carried out by teacher leaders Cheryl Patterson and Kevin Buchanan of ASES and Mike Vandenhengel of JDHES.



(ASES) Wildcats player Hailey Smith, trailing, teammate Lilly Casey looks to clear the ball from her end

GENERATIONS

Exploring the forest with Compass ELC

Children at Compass ELC Archie Stouffer celebrated Take Me Outside Day on Oct. 20.

On this day, educators take children outside to learn, committing to the well-researched idea that children benefit from learning outside. This is a belief that our educators agree with whole-heartedly and practice every day.

The question became how to make this day different than our normal time outside together. We knew the children adored going into the forest but have to follow our forest boundaries, unless we take them on an adventure together. For Take Me Outside Day we decided to go deep into the forest, passing our normal boundaries for an adventure.

In the forest the children explored together: they were fascinated by the root systems they uncovered; the differences between trees, depending on age and type, and the way the leaves were changing and falling; fungus, moss, bark, and leaves that they had found; as well as all of the different traces of the local wildlife. They had fun with dramatic play, making potions and creating campsites.

Older children led the younger ones through the forest with confidence, telling stories of past adventures and pointing out landmarks. The children shared their knowledge of nature, the

forest, camping and hunting and survival skills. Their pride in teaching each other was unmistakable. The trees, rocks, and fallen logs became a playground on which to leap, climb, and balance. We noticed that the children would pay careful attention to the way others tackled challenges and then would try those same techniques themselves. They cheered when a child was able to climb a tree for the very first time and coached each other when someone was nervous or unsure.

Our experience was a success; the children collaborated, played, discovered, and laughed! We all can't wait for our next deep forest adventure.

Following the forest adventure, we invited children to participate in an indoor Halloween adventure, too. The children decorated pumpkins in the week leading up to Halloween and shared their family's Halloween traditions and plans with each other. On Friday, children and educators dressed up; bringing a lot of laughter and joy to the centre.

*Submitted by Lindsay Jowett
Site supervisor, admin lead
Compass ELC Archie Stouffer/Minden*



Toddlers Samantha Reinwald, left, and Aspen Folco dig into the fun of pumpkin carving. /Submitted photo



Toddlers Aspen Folco and Rowan Francis dig into the fun of pumpkin carving. /Submitted photo



Laine King and Elise Deflorio with their friends investigating the forest floor and sharing knowledge.



A mushroom/fungi the children discovered. They were really into the texture of it (especially all of the little dot-like marks on it) and they used a stick to carve their first initial and their friends' first initial into the surface.



Mason Mantle climbs a tree after watching his friends use the same technique.

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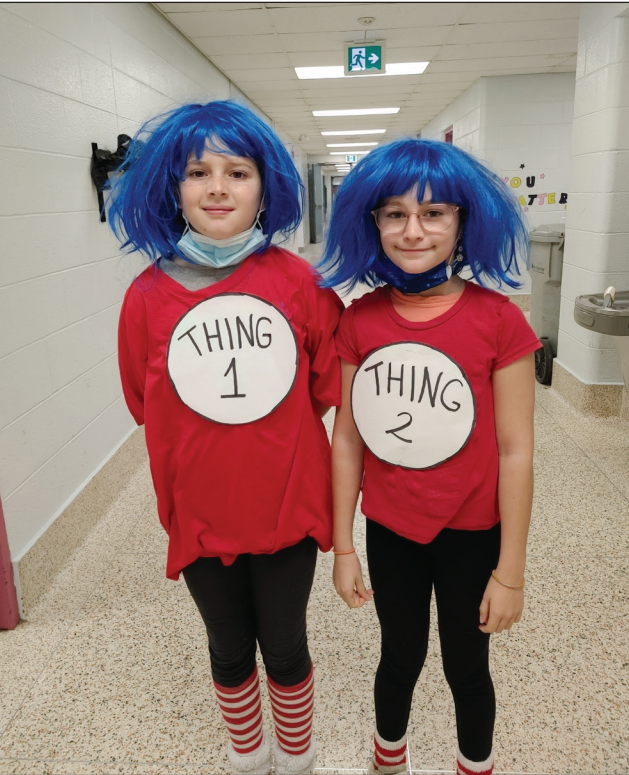
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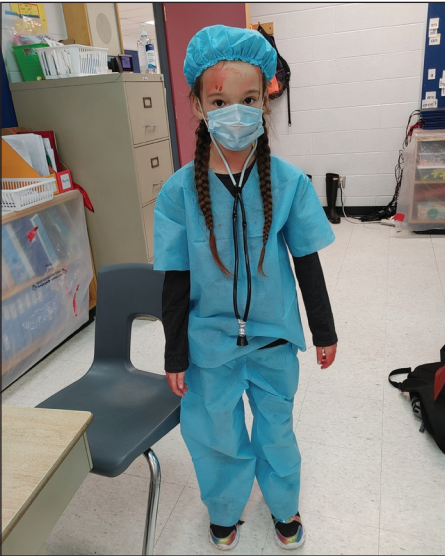


GENERATIONS



Thing 1 and Thing 2 weren't feeling blue on Halloween at ASES.

This page brought to you by staff and students at Archie Stouffer Elementary School.



First, ASES, and then, med school for this costumed student-turned-healthcare worker.



Beautiful weather on Take Me Outside day led to opportunities for learning out in the school yard.



Where better to master your alphabet than in the leaves on Take Me Outside day at ASES.

Taking a break, together, for reading.

Sudoku brought to you by

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SUDOKU

		9		4	7			
	4	6				5		
	2				8			6
						1	5	
			8	1	2			
2						6		
1				3				
				5		2	9	
		5					3	

Level: Advanced

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Answers on page 19

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

2022 Municipal Election

Joint Compliance Audit Committee Members

The Corporations of the Township of Algonquin Highlands, the Township of Minden Hills, the Municipality of Dysart et al and the Municipality of Highlands East, are currently seeking interested applicants from professionals who are required to adhere to codes of standards of their profession, and other individuals with in depth knowledge of the campaign financing rules of the *Municipal Elections Act, 1996* for appointment to a **Joint Compliance Audit Committee**.

The Joint Compliance Audit Committee has full delegation of the authority in the *Municipal Elections Act, 1996*, to address applications requesting an audit of a candidate's election campaign finances. This authority includes, but is not limited to, the following:

- Review applications and grant or reject audit requests
- Where an audit is granted, appoint an auditor and review the audit report
- Where indicated, decide whether legal proceedings shall be commenced.

The Joint Compliance Audit Committee will consist of members appointed by each Council. Committee members must have the ability to understand and apply the election campaign finance provisions of the *Municipal Elections Act, 1996* and should be considered impartial with respect to their ability to fulfill their responsibilities. Preference shall be given to candidates that have applicable experience in accounting, law, law enforcement and academics from related fields.

Preferred Qualifications:

- (a) Accounting and audit – accountants or auditors with experience in preparing or auditing the financial statements of municipal candidates;
- (b) Academic – college or university professors with expertise in political science or local government administration;
- (c) Legal; and
- (d) Other individuals with knowledge of the campaign financing rules of the *Municipal Elections Act, 1996*.

Members of the public interested in serving on this Committee are asked to submit a resume, and covering letter, marked "Confidential" no later than Noon on November 30, 2021 to:

Robyn Rogers, Clerk
Corporation of the Municipality of Highlands East
2249 Loop Road, P.O. Box 295, Wilberforce, ON K0L 3C0

For further information, please contact Robyn Rogers, Clerk by email at rogers@highlandseast.ca

*We thank all applicants for applying, but only the selected candidates will be contacted. Personal information and supporting material is collected and used in accordance with the **Municipal Freedom of Information and Protection of Privacy Act**.*

AROUND THE COUNTY TOWN

How to find a waterfall and a well

In my wanderings around the Circuit of Five Viewpoints (C5V) I have followed three different old watercourses that had variable and sometimes enormous flows during the very rapid warming that happened at the end of the Younger Dryas Cold spell about 10,500 years ago. All three exited Little Hawk Lake at its southern end and the taps turned off for all three when the ice dam melted and the water level dropped by 50 feet. The water that used to flow down all three channels changed course and entered Big Hawk Lake.

I described the westernmost channel earlier, it used to flow over the rocks below Viewpoint Five, with the narrow channel taking the smallest flow of the three. The largest channel, the easternmost, is quite well hidden by trees in the valley to the east of the ridge on which Viewpoints 1, 2 and 3 are marked. This carried probably the most water flow and splits into two channels as it went further south. One channel flowed south, eventually entering Maple Lake. The other turned west and has given us two points of interest, a waterfall and a well which can be visited by adding an extension to the C5V.

When you are hiking the Circuit in the 1, 2, 3 direction, a few hundred metres after leaving Viewpoint 3, you come to the junction with the Ridge Trail. Turn to follow the Ridge Trail over a crest to an obvious dry creek bed. At this point, leave the marked trail and bushwhack southwards. If there has been any rainfall recently, the sound of a waterfall will be noticed and this is the first point of interest. A short bushwhack will bring you to the creek and waterfall. A short descent gets you to its base where the creek drains into a wetland and small pond. During spring thaw, the waterfall can be

quite spectacular and its base impossible to stand on.

The second point of interest is just beyond the far side of this small pond. To get to it, it is best to climb back up to an easy creek crossing place from where there is a further descent around rocks and ledges, finishing at an old beaver dam at the creek's exit from the small pond. The well which is the second point of interest is about 20 metres back from the west side of the pond and is disguised by fallen trees and brambles. The well is an almost vertical hole bored into the gneiss bedrock. The topmost six feet of the back wall of the well has fallen tree trunks over it, the front wall is collapsed and a beaver chewed maple tree stump is embedded in the middle. The diameter of the hole is just over 10 feet and can be picked out by carefully looking at the circle in the ground.

The action of boring the well was provided by the energy of the stream of meltwater through the old channel out of the small pond. There are many local examples of wells made this way, particularly the Harburn Wells south of Haliburton Lake. This one is perhaps the largest but has yet to be dug out and its depth measured. From the site of the well, a bushwhack up the hill on the west side will return you to the C5V trail at the hill's summit.

Submitted by Peter Brogden

Share your knowledge and submit your 'how to' columns (approximately 250 words) on any subject to sue@haliburtonpress.com.



WOODLANDS
Wildlife Sanctuary



November's Rescue of the Month

At first, we couldn't believe this was a red-tailed hawk. He arrived severely emaciated and weighed almost half of what his weight should be.

Down and out, he could barely keep himself upright. After five days in intensive care, we are so happy with his progress. He is now out of the woods and slowly gaining his weight back. These past few months have been difficult for juvenile animals. Their parents migrate south, leaving the youngsters behind to fend for themselves. If they don't succeed, it can become a downhill spiral for these young birds. If they don't eat, they can become so weak that they lose their ability to fly, and hunt.

We are happy to be able to give this youngster a helping hand just to see him soar wild and free again.

To learn more about Woodlands Wildlife Sanctuary, located on Duck Lake Road in Minden, visit woodlandswildlifesanctuary.ca. /Submitted by Monika Melichar

Poppy project

Linda and Claude Schrader visited a display of remembrance in Niagara-on-the-Lake this past weekend.

Thousands of handmade - either crocheted, knitted or created from fabric - poppies are on display at the museum to honour veterans. Claude himself is a veteran, having spent almost 25 years in the Canadian infantry. /Photo submitted by Linda Schrader



SUDOKU SOLUTION

5	1	9	6	4	7	3	2	8
8	4	6	1	2	3	5	7	9
3	2	7	5	9	8	4	1	6
7	8	4	3	6	9	1	5	2
6	5	3	8	1	2	9	4	7
2	9	1	4	7	5	6	8	3
1	7	2	9	3	4	8	6	5
4	3	8	7	5	6	2	9	1
9	6	5	2	8	1	7	3	4

Community Events

Send your event listing to Pat Lewis at classifieds@haliburtonpress.com

Escape to Halls Island

When: Friday, Nov. 19

Everyone is invited to log in to the Arts Council - Haliburton Highlands Youtube Channel and Escape to Halls Island. This is the third in the online 6-Minute Escape video series. Viewers will get a glimpse into the unique experiences of artists this past summer at Halls Island Artist Residency. The evening is hosted by Jack Brezina and Maggie Hucaluk. Viewers are invited to stay online for a live-streamed After Party where they can meet many of the artists live-online, hear more about the artists' experience on Halls Island, and ask questions via chat.

To see your loved ones on this page, send photos to sue@haliburtonpress.com



Request for Proposals

ADMIN-21-02

Supply and Installation – 48 Niche Columbarium

The Township of Algonquin Highlands is seeking sealed bids, from qualified bidders, for the supply and installation, in the spring of 2022, of a 48 Niche Columbarium, at St. Peter's Cemetery, 1213 St. Peter's Road, Algonquin Highlands, ON.

Closing date: December 10, 2021 at 2:00 PM

The Request for Proposal and submission documents can be found on the Township's website at <https://www.algonquinhighlands.ca/government/tenders--rfps.php>

For further information please contact:
Dawn Newhook, Clerk
Township of Algonquin Highlands
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Where sweet flowers
are ever blooming
And the banks are
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FUNERAL HOME

Barry Willhelm
October 31, 2021
(Resident of Haliburton)

*With heavy hearts we say goodbye to Barry Willhelm.
He passed peacefully at Haliburton Highlands Health
Services in his 84th year.*

He is remembered by his loving wife Joan. Missed dearly by his children Mike (Audrey), Kevin (Jodi) and step children Jeff (Nadine), Laurel, and Barry's godson Glenn. Remembered by his grandchildren Gregory, Connor, Emelia, Alexia, and Zachary.

Barry loved his community. He participated in a number of organizations in Haliburton that will miss him dearly.

Family Visitation & Memorial Mass

A Family Mass will be held at St. Anthony of Padua Catholic Church in Haliburton. As an expression of sympathy, donations to The Haliburton Highlands Health Services Foundation for Equipment would be appreciated by the family. Funeral arrangements have been entrusted to the **HALIBURTON COMMUNITY FUNERAL HOME** 12523 Hwy #118 Haliburton, Ontario 705-457-9209.

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The Times

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Minden

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The World Famous
ROCKCLIFFE
Tavern

Number 1446

Monday, November 12, 1990



Last Friday students from Archie Stouffer Elementary School in Minden marched to the county cairn and held their own Remembrance Day ceremony. Joined by teachers and members of the Minden Legion, the students honoured those who died.

Community Christmas weekend planned for Minden

Minden's Business Improvement Area (BIA) is planning an entire weekend of Christmas activities to kick off the holiday season in the village.

By combining several seasonal events during the first weekend in December, the BIA is going to promote a Hometown Christmas Celebration that will include the annual Santa Claus Parade, decoration of the downtown core, a Moonlight Madness Sale and a community tree-trimming of the tree in front of the CIBC on Main-Street.

The weekend festivities will begin on Friday, Nov. 30 with the Moonlight Madness Sale being planned by Brian Moore of Westside Jug City. All members of the business community, and not just BIA members, are being encouraged to participate in the promotion which will be geared towards local residents as opposed to tourists.

On Saturday the Minden Lions Club will be holding the second annual Santa Claus Parade. At last Monday's meeting, Moore, representing the Lions, told BIA members that plans for this year's parade are well under way.

Moore said the club is having trouble finding a band to participate in the parade. He said the high school band had been contacted but were not interested in taking part.

The Lions have increased the parade budget this year by \$1,200 and hope to use the extra money to hire a band. The BIA agreed to donate \$700 to the parade and will offer an additional \$300 if the Lions are successful in hiring a band for the event.

The idea of holding a community tree decoration on Sunday Dec. 2 was presented to BIA members by Carol Martin of the Minden Kinettes. She said the Kinettes

(more on page 2)

Council approves sale of parkland for supportive housing

by Jay Kerr-Wilson

Minden council has agreed to sell three acres of parkland for construction of a senior supportive housing unit.

At last Thursday's meeting, council accepted a conditional offer to purchase from the Staunworth Non-Profit Housing Corporation.

The township has agreed to sell the land for \$50,000, a price Deputy-Reeve

Bern Berry objected to as being too low.

Berry also objected to council making a decision on the issue last Thursday because councillor Bob Sisson was absent from the meeting.

"It's quite a major move," said Berry. "We're one man short and that man has reservations about the sale." In previous meetings Sisson had expressed concerns about the township selling property that is part of the park.

The deadline for the offer to purchase to be accepted was Nov. 30 and Berry asked that the vote be held over until the Nov. 22 council meeting to allow Sisson to comment on the decision.

But councillor Lewis Stevens said there was no reason to delay the matter. "What if one of us isn't here on the 22nd?" he asked.

Berry said the by-law needed to sign the offer to purchase was not on the

council's agenda and it was "pretty unusual" to have the matter added at the last minute.

Reeve Ray Moore said the matter had been before council on two previous occasions and the councillors had sent the offer back to the Staunworth committee asking for the township's conditions to be met.

(more on page 2)

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- 3 bed 2 bath 1560sf home
- Completely renovated and updated
- New windows, furnace, a/c, septic
- 2.3 acres, paved school bus route



Andy Campbell
854-0292

Minden Area Home \$399,000

- 2 bedroom home south of Minden
- 7.9 acres
- Easy access off of Municipal road
- Needs some TLC



Gloria Carnochan* & Breen Budel*
754-1932

Kennis Lake, 0.9 acres, 3 bdrm

- 4 season cottage & garage with heated floors
- Pine/Drywall, 3 pc bath, lg deck to enjoy quiet
- Firepit and dock to sit at, Island views



Mark Denny's*
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- Apprx 2100 Sq Ft, Large Display Windows
- Busy Corner of Highland St & Maple Ave
- Contact Listing Realtor for Details



Tom Ecclestone*
286-2138 x 226

Gull Lake \$2,499,000

- 8 acres, 300ft SW facing waterfront
- Sand beach, 2 wet slip boathouses
- 1900sf, 1 bedroom, 2 bath
- 2 guest cabins, both 2 bdrm & bath



Lindsay Elder*
457-5878

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Melanie Hevesi**
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Minden Lake \$995,000

- 3 bedroom, 2 bath, 2500sf
- Sunroom, full walkout basement
- 180ft lakefront, sandy shoreline
- Close to Minden Whitewater Preserve



Andrew Hodgson**
286-2138 x 229

Haliburton Home \$799,000

- Classic private home on 1.04 acres
- 2,200 sq ft, 3 bedrooms, 3 bathrooms
- Less than 5 minutes outside Haliburton
- Stunning views over Barnum Lake



Susanne James* & Andy Mosher**
457-2128 x 133

Miskwabi Lake Lot

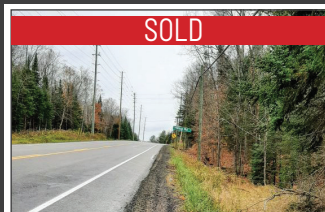
- 1.15 acres on Miskwabi Lake
- Gorgeous hard sand and rock shoreline
- Easy year-round road access
- 20 minutes to Haliburton Village



David Lee*
286-2138 x 227

Fleming Rd \$499,000

- 100 acres of land
- 900 sq ft cabin w/solar power
- 2 bdrm w/kitchen and living rm



Donna McCallum*
455-2054

Close to Haliburton \$74,500

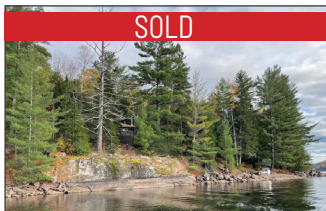
- 2.3 acres, suits walkout basement
- Nicely treed for privacy



Brandon Nimigon***
457-2128 x 127

Harburn Rd

- 17 vacant lots over 47 acres
- 1.91 acres to 4.92 acres
- Registered Plan of Subdivision
- Close to town



Karen Nimigon**
457-6505

Kushog Lake \$267,900

- Boat access only, 1 acre lot
- Seasonal cottage, 3 beds, 1 bath
- 238 ft rock shoreline, privacy
- Sold "AS IS", could use TLC



Kelly Kay*
705-457-8841
Kirsten Rae*
705-854-1454

Long Lake \$799,000

- 3 bedrooms, 2 baths home/cottage
- Unfinished basement w/walkout
- Bunkie, stairs to waterfront
- 2-lake chain w/Miskwabi



Darlene Reil*
447-2055

Gooderham Home \$559,000

- Stylish modern home with 2 levels finished
- Garage/Shop
- On a quiet street



Christine Sharp*
705-489-9968

Brand New Build \$575,000

- Walkers Line, Kushog area
- 3 Bed / 2 bath
- Close to Kushog boat launch



Greg Stamp*
457-2128 x 128

Miskwabi Lake

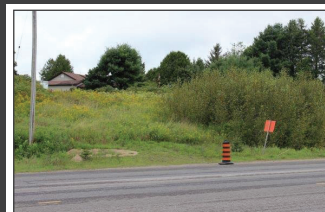
- 2274sf, 4-bedroom, 2 bath, built 2006
- Open concept, floor-ceiling stone FP
- Sand/rock shoreline, 2 lake chain
- Great privacy & WEST exposure



Melanie Vigrass*
286-2138 x 232

Milburn Road

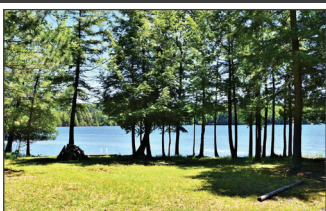
- 2 bdrm/1 bath
- 1.14 Acres
- Walking distance to Burnt R and Crown Land
- Across road from Rail Trail



Lindsay Wilkinson*
286-2138 x 223

Minden Commercial Lot \$229,900

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Andrea Wilson**
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